

19th August, 2016. Issue 12.

# Bright P-12 College Newsletter

## OUR OWN "LITTLE OLYMPIANS"...



Last week Years Prep to 2 held the Olympic Paper Plane Fly Off.

The children had lots of fun creating their own planes. Many students practised their designs at home in their efforts to become the paper plane fly off champion.

The three winners were:

1st Noah McMonagle  
2nd Lachlan Russell  
3rd George Walker

Students comments about the activity can be found on Page 5.

## VICTORIAN CROSS COUNTRY INTERSCHOOL CHAMPIONSHIPS AT MT BULLER

On Sunday 7th August two of our Bright Snowsports Team members braved the cold on Mt Buller at the Victorian Interschool Snowsports competition. This brother and sister combination of Nicola and Callum Smith competed in the XC ski sprint & relay events. Unfortunately, Bright did not have enough entrants to make its own relay team so Nicola and Callum were put into combined relay teams with other kids their age from other schools. This meant that their results would not be counted so they skied for the experience.

However, this was a different story for their individual events with both athletes representing themselves extremely well, Nicola finishing 1st in her sprint Division 3 (Yrs 7 & 8) and Callum finishing 5th in his sprint Division 4 (grades 5 & 6). They have both qualified for the National Interschool Championships at Perisher in September. What a great achievement!



Postal Address:

P O Box 30

Bright VIC 3741

Contact:

Telephone 03 5755 1166

Facsimile 03 5755 1770

College: [bright.p12@edumail.vic.gov.au](mailto:bright.p12@edumail.vic.gov.au)

Editor: [newsletter@brightp12.vic.edu.au](mailto:newsletter@brightp12.vic.edu.au)

Web: [www.brightp12.vic.edu.au](http://www.brightp12.vic.edu.au)

Newsletter available online at: [www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf](http://www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf)





## Principal's Report

### VCAL Wine Launch

Last Friday night I attended our now annual VCAL wine launch at Ringer Reef winery and I have to say it was wonderful. What a great event. We can be very proud of the final product, a great bottle of white wine by the way, but perhaps even more proud of the inclusive process used throughout the production. Many thanks to all involved with the project and the evening.

### VASSP Victorian Association of State Secondary Principals Conference

This week I was privileged to attend the annual VASSP conference in Melbourne over two days, Monday and Tuesday. The conference included keynote presentations from Professor John Hattie (The State of Education in Australia: Opportunities, Tensions and the Future), Professor Vanessa Andreotti (Inequalities in Global Change), Michelle Loch (Rewire or Expire: the neuroscience of leadership) and Will Richardson (Waves of Change: New Contexts for Learning in the Modern World). An impressive line-up of influential thinkers around education and the future of learning. As well, the conference included many smaller talks and workshops from teachers and principals. I came away from the two days quite exhausted but very enthused and invigorated around the future of teaching and learning and in particular what that looks like within Bright P-12 College. As we near the end of the Review process and go into strategic planning to frame the future of Bright P-12 College for the next four years and beyond, I do so with hope, enthusiasm, excitement and joy at what we can achieve. A consultative process to develop our goals will include collaboration with parents, students, staff and College Council.

More information will be included around the timing of consultative meetings after I have met with the Review Panel in the near future.

### The role of parents: High expectations with a tolerance for error – Professor John Hattie

Many of you will have seen Professor John Hattie during the screening of Revolution High on the ABC not that long ago. He has become an influential voice of reason in the education debate through his work as Director of the Melbourne Education Research Institute at the University of Melbourne, as Chair of the Board at AITSL and his many books. John's areas of interest are measurement models and their applications to educational problems and models of teaching and learning. Bright P-12 College will be using John Hattie's work to develop a model of teaching and learning within the college during 2017. He has written many articles and I would like to share with you part of an article written for [The Conversation Revolution in the classroom: teachers are there to learn](#) that discusses the role of parents.

There's no question that parents can have a dramatic role but the biggest role of the parents is in expectations. If you have high expectations, the kid is more likely to achieve no matter what happens at the school. One of the things that bothers me is that we did a five year study of the lowest socio-economic schools in New Zealand, and we interviewed every parent when their kid came into year 1, asking them, "What do you want your kid to do when they leave school?" All of them said some kind of tertiary education. We interviewed them again when they left primary school at ages 11 and 12, and almost every single parent said, "Get a job." We had failed them. You cannot tell me that in a sample size of around three or four thousand kids, even if they are the lowest SES, none of them can go on to tertiary. One of the problems we have in our schools is that we have very low expectations of what the kids can do. One of the things we found in the New Zealand study is that teachers dramatically underestimated what kids can do.

And, hey, parents, if you agree to that, then you're part of the problem. There is no reason you can't have high expectations. The job of schools is not to meet the needs of kids. The job of schools is not to help kids reach their potential. The job of schools is to help kids realise and exceed what they think is their potential. It's the same with parents. If you continue to have high expectations for your kids no matter what environment they're in then that's the best effect you're going to have.

Obviously if you have the resources and where-with-all to help them realise that - that helps, but you know that's dispersed relative to the property values. But if you go into the low SES schools and have high expectations, they're more likely to be realised. That has a dramatic role.

One of the things a parent should never, ever say is "Do your best," because whatever a kid does is their best and it's not always good enough. I say to my kids all the time, "Sometimes your best isn't good enough." That's the purpose of education: to do better than your best.

Accepting low or non-challenging situations is hopeless, so as a parent you encourage the kid to take challenges, take risks. The hardest thing is that you have to have a safety net when they make errors. It's a gold point of learning, but unfortunately what happens in so many of our schools, and particularly in Australia, is that we privilege ability and we denigrate effort. All of us are going to succeed by putting in effort, regardless of our ability. So many parents and so many schools talk about ability, ability, ability: "Oh, they don't have the ability so they can't do that." It's effort.

But that safety net's so important. So parents, allow your kids to make errors - they're a learning opportunity. This is not the Tiger Mum: high expectations and no toleration of error. That's a way to drive kids out of education. And parents when you make errors that's a learning opportunity, too.

*Jean Olley— Principal*





### Assistant Principal's Report

**Skiing** wrapped up this week and what another successful year we have had. The feedback from students, staff and parents involved has been extremely positive. I would like to thank everyone involved for their participation and great attitude. Well done everyone.

Last week saw the **Year 9 Apollo Bay** program conclude for another year. What a fabulous week it was with a day spent at Mt. Buffalo, another at Mt. Hotham and a third at Falls Creek. Thank you to all of the families who hosted a student or teacher; without your support the program would not be affordable or as rewarding. Thank you to Mal Steer for the organization of the 3 day program.

Looking forward to **Primary and Secondary Athletics** this week. I wish everyone the best of luck with their participation and hope the weather holds out so we can get through both programs over the last 2 days of this week.

Our strong commitment to hosting **student teachers** continues. We have two student teachers joining us currently. One in Primary, Ms Axten, has been working with our Prep

students, and Ms Nugent with our Secondary students in English and Humanities. Both student teachers have been wonderful additions to our school community.

**Headlice** are once again becoming a problem for some students. Please be aware that it is parent responsibility to treat and prevent the spread of headlice across the school and we will support families in this process.

Please see the attached information downloaded from the Vic Health website, it can be found at [www.health.vic.gov.au](http://www.health.vic.gov.au)

#### Instrumental lessons

It is really important that students and parents are informing the instrumental teachers of absences. Classroom teachers or YLC don't always see our instrumental teachers to inform them. You can do this via email or phone or contact.

Lastly, I would like to mention **homework**. As a parent myself it is often difficult to fit it into the schedule at home, but establishing positive work habits at home is crucial to developing life-long learners. As a working parent it is also a wonderful opportunity for me to share my child's learning.

Remember, you can assist your child by simply sitting with them to complete their homework and taking an interest is wonderful for their self-confidence. In the secondary, students should be revising their work, especially if they have not specifically been set homework. Revision should become a part of the weekly homework routine for all subjects.

*Kelli Jacobsen—Assistant Principal*

## What Are Students Doing At Lunchtimes?





## YEAR 12 GRADUATION

Dear Parents, Guardians, students and staff, place on your calendars and ensure you are available for.

The 2016 Year 12 Graduation evening will be held on Thursday 17th November, 2016 at the new location of Boynton's Feathertop Winery, 6619 Great Alpine Road, Porepunkah.

The evening promises to be a celebration of the students' efforts and recognition of their achievement and dedication over their schooling life. This is also a time to recognise the guidance and support family, friends and school staff have offered over the years.

With just over 10 weeks before the End of Year Exams, this is an important event to

This event is a ticketed event, with places limited so please make sure you get in early to ensure your place. Tickets will be on sale in the coming weeks and I will let you know when they are available for purchase.

### Key Details:

**Date:** Thursday 17th November 2017.

**Time:** 5.30pm arrival for 6.30pm seated for meals. Evening concluding at 11pm.

**Ticket Price:** \$60 (Entrée, Main, welcome drink on arrival).

Year 12 students have been asked to provide a list of anticipated attendees to allow for catering and event preparation. At this point, each student has been given an allowance of an additional 4 guests (i.e. student plus four others). Parents and Guardians, could you please check these for accuracy to ensure we have realistic numbers.

Kind regards

**Justin Power**

VCE & Yr 12 Coordinator  
Mathematics and Physical Education Teacher  
Bright P-12 College  
[power.justin.r@edumail.vic.gov.au](mailto:power.justin.r@edumail.vic.gov.au)  
(03) 5755 1166

## YEAR 7 TEXTILES



Year 7B textile students started the Term very industriously by completing both a four square patch cushion and a polar fleece hat. For the remainder of the term, students will be tie-dying fabric and then using the fabric to create a colourful bunting.

## College Calendar 19th August— 13th September

FRI 19 AUG- Primary House Athletics.

SAT 20 AUG- Bright College Snowsports Team Day 10.

MON 22 AUG - SUN 28 AUG—Victorian Interschool  
Snowsports Championships.

FRI 02 SEPT— Year 10 Great Outdoors MTB Trip.

SAT 03 SEPT— Bright P-12 College Year 11 Debutante Ball.

MON 05 SEPT— THUR 08 SEPT—African Drumming  
Workshops—Primary Students 4.30-5.30pm.

WED 07 SEPT— SUN 11 SEPT—Australian Interschool  
Snow-sports Championships.

WED 07 SEPT—O&M Athletics.

“ Chemistry Curriculum Workshops - 4.30pm-6.00pm.

THUR 08 SEPT—Primary African Drumming Concert at  
“ Stadium. 2.00pm—3.00pm.

SAT 10 SEPT— BCST Presentation Award Lunch.

SUN 11 SEPT— TUES 20 SEPT— Wadeye Trip.

TUES 13 SEPT—Yr 7 & 8 O&M Sport.



# PRIMARY NEWS

## OLYMPIC PAPER PLANE FLY-OFF

As part of our Science program, the students in Prep to Year 2 have been studying the dynamics of flying and how this can be affected by the weather. Students became engineers for a short space of time, experimenting both at home and school in their attempt to make a paper plane that would allow them to become the 'Champion Pilot'. Students utilised the internet, found books in the library and at home or relied on parents and older brothers or sisters to assist their design. It was great to see the enthusiasm and camaraderie this project created in all four classes before the championship battle brought out their competitive side.

On Tuesday we had a Paper Plane Day. At the Paper Plane Day all four classes in Prep to Year 2 went against each other (Mr Jones', Mrs Nightingale's, Mrs Forbes' and Mrs Pederick's class).

George Walker won bronze, Lachie Russell won silver and Noah McMonagle won gold. Every person in all the classes

cheered for support.

'Aussie! Aussie! Aussie! Oi! Oi! Oi!'

*By Jemma Ditcham*

This is so cool! We're having a Paper Plane Fly-Off. 1/2N, 1/2J, P/1P and Prep F are competing in the Fly-Off. Noah won gold. We all had such a blast. It was the most perfect windy day to do the Fly-Off. Some people were laughing so hard that they started to cry because their plane flew 50cm long.

Everyone's plane was different and they were all really cool. My big brother, Nash, told me how to make my plane. Mrs N made the medals.

Who would have thought we could have so much fun with a piece of paper and fresh air? But we all did!

*By Chelsea Thomas*

There were planes going this way and that. There were four classes competing. They each had three winners. The three winners from each class had a Fly-Off. I wasn't there but I had fun mucking

around and making paper planes. Everyone had fun.

*By Hunter Dines*

## The Aeroplane Contest

The Aeroplane Contest was fun. There were lots of people. Everyone wanted to win but only three people could win and they got to stand on chairs. I didn't get to win but I had fun.

*By Charlotte Beck*

## The Fly-Off

Last week we made a paper plane. It wasn't just 1/2N; there were four classes – Prep F, P/1P, 1/2J and 1/2N. First was Prep F, second P/1P, third 1/2J and then 1/2N. Noah came first and got gold. Only one girl made it into the Championship Fly-Off and that was me, Madeline, but I didn't get a medal. It was awesome.

*By Madeline Garratt*



## OLYMPIC PAPER PLANE FLY-OFF PHOTOS





# MUSIC NEWS

## MARKET PERFORMANCE— 20<sup>TH</sup> AUGUST

On Saturday the 20<sup>th</sup> of August Music Students from Bright P-12 College will be performing at the Bright Market. From 10.00am-11.00am students in the Choir program and the Concert Band program will be performing. From 11.00am-12.00am older students who play guitar and sing will be performing. Please return your notes to the school if you have not already done so, or send Mr Campbell an email. I look forward to seeing you on Saturday morning.

## WINE LAUNCH MUSICIANS

On Friday the 12<sup>th</sup> of August a number of our talented musicians performed at the launch of the Bright P-12 College wine at Ringer Reef winery. We had Josh Lindsay, Emily Lelean, Oliver English, Max Gray, Matilda Manning and Robert Merrett performing to an appreciative crowd. Thanks for all your efforts, guys you helped to make the night a great success. Congratulations to all who were involved in the production of the school wine.

## PRIMARY DRUM INCURSION

Just a reminder that in the 2<sup>nd</sup> last week of this term Primary students will be taking part in an incursion where they get to play some African Drums. Please return your form and money to the front office if you have not done so already.





## HEALTH CORNER WITH HEALTH NURSE—ROSEMARY BUNGE

### Keeping kids safe!

In a great effort of community action and working together with our sister schools, Bright P12 College Year 11 students Chloe Edyvean and Emma Pace joined school nurse Rosemary Bunge on August 4<sup>th</sup> 2016 to visit Porepunkah Primary School for the day to deliver a message on personal safety to the students from prep to year 6.

On this day we invited all students to wear **red** in memory of Daniel Morcombe, as it is resources from the Daniel Morcombe Foundation we used on the day. Most people will have heard the Daniel Morcombe story and associate the wearing of red with a "Day for

Daniel" and the foundation's aim to keep kids safe from personal danger inflicted by others, be they strangers or not.

We talked to the students about the 3 R's: **RECOGNISE, REACT, REPORT**.

The students got to do work sheets and ask questions about how to recognise their body clues when something was unsafe, then how to react to remove

themselves from the danger and how to report it afterwards so it didn't happen again to them or someone else. The students were very engaged and really enjoyed having the senior students from Bright P12 College to lead the discussion.

Thought for the week: *'A few simple skills can make a world of difference in protecting kids from harm!'*



## LIBRARY

Mrs Sally Cocks, our Administration Officer, has been teaching students the art of knitting on Tuesdays during the second half of lunchtime in the Library. Any student from Year 3 upwards are welcomed to attend. Don't be shy boys, you can come and learn too!



Knitting is very good for you: it helps with your maths; it uses the left and the right side of your brain, and it helps with your hand co-ordination.



# STAFF PROFILES

## INTRODUCING....

*Names:* Darren Ferrier

*How long have you been at Bright P-12 College?*

10 Years

*What is your role at Bright P-12 College?*

Maths/Science Co-ordinator.

*What do you like about working at the College?*

I like the staff and students. Yes, I really do!



*How do you spend your leisure time? Interests/Hobbies?*

Cycling, walking and theatre.

## INTRODUCING ....

*Name:* Ann Zander

*How long have you been at Bright P-12 College?*

I started 7 months ago and will only be here for the school year.

*What is your role at Bright P-12 College?*

Language Assistant for German.

*What do you like about working at Bright P-12 College?*

I learn so much from the staff and students everyday, I felt welcomed from day one. Being in beautiful Bright just adds to that great experience!



*How do you spend your leisure time? Interests/Hobbies?*

Travelling, walking and Zumba.



## SPORTS NEWS

Last Thursday saw four year 7s embark on their first ever Hume regional final for Badminton.

The girls came up against some tough competition on the day but still managed to finish 2<sup>nd</sup> overall.

All four girls played exceptionally well and showed great sportsmanship on the day.

Well done to Libby, Maddie, Injala and Alex.

Also special thanks to Doddsy for coming along and assisting on the day.



## DEB BALL NEWS

### YEAR 10, 11 & 12 STUDENTS

2016 Deb Ball Working Party are seeking volunteer waiters/waitress's for this year's Deb Ball on Saturday 3<sup>rd</sup> September. The ball is a fantastic night and you are welcome to join the festivities once the food service is over. Volunteers are rewarded for their efforts with finger food and light refreshments throughout the evening. If you're interested, please let Jo know at the office.

### THANK YOU TO THE COMMUNITY

Bright P12 College would like to thank all business's and community members that have generously donated towards this year's Debutante Ball. We greatly appreciate your support and want to thank you for assisting the working group and the Debutants and their partners in being able to create a memorable evening for all of those involved.

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### MOBILE PHONES

This year so far we have saved 8kg of old phones and accessories going into land fill by collecting through Mobile Muster.

Keep on bringing them in – we are still collecting phones, phone batteries & cables at the front office in the Mobile Muster box.

### HOUSEHOLD BATTERIES

Also, we are collecting household batteries to stop them going to landfill. You can no longer take them to the Alpine Shire as they have stopped that service but Chris Blazek is willing to take batteries to collection points to save the environment so keep on bringing them in. In just 5 months we have collected 12 kilos.

There is a battery collection box at the front office.





# WINE LAUNCH

## A fantastic evening at the launch of the 2016 vintage of 12 Bright Vines

Over 50 parents, students, teachers and community members came together to celebrate the new vintage of the school wine. The wine was 'toasted and tasted', accompanied by delicious food provided by Annie at Ringer Reef. All of this was complemented beautifully with outstanding musical performances by Oliver English, Max Gray, Emily Lelean, Josh Lindsay, Matilda Manning and Rob Merrett.

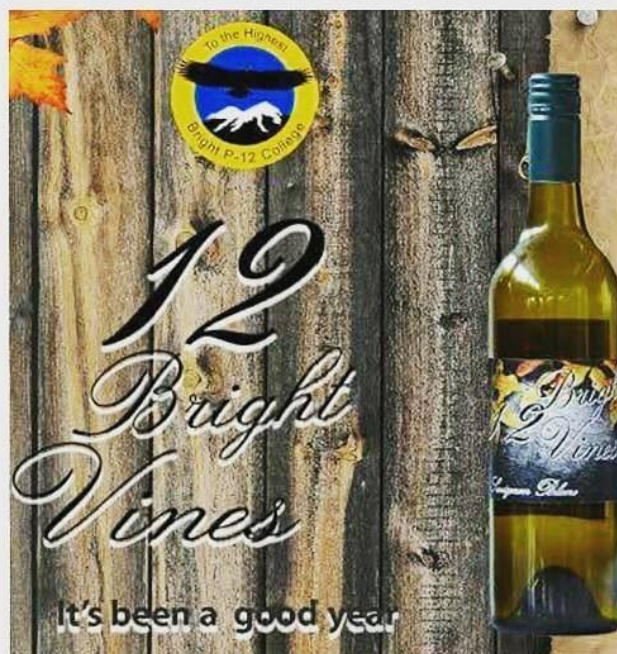
Tasman Cocks-Wheaton, Chloe Edyvean, Doug Harrison and Josh Raymond all spoke very well, thanking the numerous groups of students, staff and community members who have played a part in the 12 Bright Vines wine project.

The quality of the wine just keeps getting better and better. In the words of renowned wine reviewer Campbell Mattinson, our wine is: *'fresh, dry and juicy and, simply, just makes you*

*want to come back for more. A kind of 'not too heavy, not too light' wine'.*

We have sold over half of the 300 bottles of wine already, so get in quick so that you don't miss out! An order form is included in this newsletter. Alternatively order forms can be collected from the Front Office at the College or wine purchased directly from Ringer Reef. The cost of the wine is \$80 for 6 bottles or \$15 for 1 bottle.

As a school we are very proud of the 12 Bright Vines wine project and the evening was a lovely way to share its successes with parents, students, teachers and the community.





# VCAL PROFILES



## Bright P-12 College

P.O. Box 30,  
BRIGHT Victoria 3741

**PRINCIPAL:** Ms. Jean Olley

### School Based Apprenticeship: *Nimit Nganbe*

**Work-placement:** Dumu Balcony Cafe

**Work hours:** Mondays, Wednesdays & Fridays: 10.00am – 4.00pm

#### A typical work day for Nimit:

- Make breakfast meals, like bacon & eggs on toast
- Make lunches such as smoked trout toasted sandwiches
- Make coffees like cappuccino, latte, flat white, long black, english breakfast tea and hot chocolate
- Bake 'amaze-balls,' 'mo-fo' balls, cookies and cakes
- Serve customers and work 'front of the house' – I am good at this ☺
- Work in the kitchen cooking and cleaning – washing dishes

#### Why do you work at Dumu Balcony Cafe?

Because I like the Hospitality industry

**Favourite task:** making coffees (like in the photo!)

**Least favourite task:** washing dishes!!!



Any employers wishing to employ a student for either work experience, a structured work placement or a school-based apprenticeship, please contact Chris Blazek (Careers Coordinator) at school on 5755 1166



# Bright College SnowSports Team News

## Training Day 6 – Saturday 6<sup>th</sup> Aug

Saturday was a magnificent day on the mountain with picture perfect weather, but it was also one of the busiest days at Mt Hotham. It served as a great lesson in patience waiting in lift queues and controlled and aware skiing on extremely busy ski runs.



## Success at Cross Country Interschools

The Victorian Interschool Cross Country Championships were held at Mt Buller on Sunday 7<sup>th</sup> August. Congratulations to Nicola and Callum Smith who represented Bright P-12 College. Both achieved fantastic results with Callum finishing 5<sup>th</sup> in Division 4 (Year 5 and 6) XC Sprint and Nicola taking out 1<sup>st</sup> place in Division 3 (Year 7 and 8) XC Sprint. We wish both of them success at the Australian Interschool Championships.



## Training Day 7 – Wednesday 10<sup>th</sup> Aug

It was a hot chocolate kind of day on Wednesday with strong winds making chairlift rides unpleasant. Another great lesson for the students with the testing weather conditions helping teach resilience and strength.

## Training Day 8 – Saturday 13<sup>th</sup> Aug

A dusting of dry snow overnight pushed the snow level back over the 1 Metre mark and set the scene for a fantastic training day. Overcast conditions and a light wind were a welcome change from conditions earlier in the week.



### Important Dates

Important Dates	
2016 Season Training Dates	BCST 10 Day Program
Day 10	Saturday 20 <sup>th</sup> August <b>Milne Shield</b>
Make up day	Saturday 3 <sup>rd</sup> September
Presentation Award Lunch	Saturday 10 <sup>th</sup> September
Victorian Interschool SnowSports Championships	Mon 22 <sup>nd</sup> – Sun 28 <sup>th</sup> Aug Mt Buller
Australian Interschool SnowSports Championships	Wed 7 <sup>th</sup> – Sun 11 <sup>th</sup> Sep Perisher

## Coming Up - Milne Shield Race Day

The annual Milne Shield Race Day is coming up this **Saturday 20<sup>th</sup> Aug**. The Annual race day between the BCST and Myrtleford Alpine Race Team (MART) is proudly sponsored by the BCST. The Milne Shield commemorates and celebrates the achievements of Ross and Malcolm Milne of Myrtleford to the sport of Alpine downhill racing. The BCST is looking forward to the friendly competition and putting into practice everything learnt over the last eight training days.



# COMMUNITY & COLLEGE NOTICES



Supporting excellence in education in regional Victoria

## 2<sup>nd</sup> OCTOBER 2016

Take in the views of this spectacularly scenic course from Bright to the iconic Mountain Village of Harrietville

**21.1Km Run, 10 Km, 5Km and 2Km Fun Run/Walk**

Early Bird entry fees : 21.1km \$37, 5Km Fun Run/Walk \$17, 2Km Fun Run/Walk \$5

Before 9<sup>th</sup> September 2016

All proceeds go to the Harrietville Primary School  
Visit [www.harrietvillehalfmarathon.com](http://www.harrietvillehalfmarathon.com) for more info

## JOEY HOPPET 2016

7km cross country ski race



Saturday Aug 27 at Falls Creek

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**eSmart**  
Smart. Safe. Responsible.

## We are eSmart

Our school is proud to announce we are now officially an eSmart school.

Since we first registered with the program, we have introduced many new policies and activities to improve the way our school manages cybersafety, bullying and cyberbullying.

We feel confident our students, staff and the wider school community are now well supported to be smart, safe and responsible users of digital technology.

We encourage everyone in the school community to continue to uphold and promote eSmart behaviours, at school and at home. If you are aware of any incidents of bullying, cyberbullying or risky online behaviour, please contact the Principal or our eSmart coordinator.



## Old Mobile Phones Wanted

We are still collecting mobile phones and accessories to stop them becoming land fill. Bring any old phones or cables/batteries you may have and place them in the box at the front office of the college.

Thank you.



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- Appliance Repairs
- Switchboard Upgrades
- Safety Switch Installs

Registered with

**energysafe**  
VICTORIA

Creating a safer state with electricity and gas

**0438 762 216**

timmaynardelectrical@gmail.com



CONSTRUCT & MAINTAIN PTY LTD

- Extensions & Renovations
- Kitchen & Bathroom Renovations
- Deckings & Pergolas
- General maintenance and Painting

Simon 0438643145

DB-U 37073

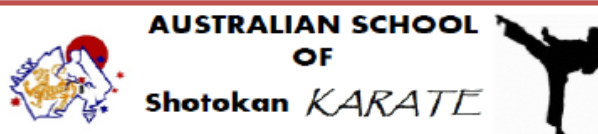
simon@altitudeconstruct.com



Monday	9am – 10am Pilates	5.30pm – 6.30pm Pilates + Stretch	6.30pm – 7.30pm Pilates + Stretch
Thursday	5.30pm – 6.30pm Pilates	6.30pm – 7.30pm Pilates	7.30pm – 8.30pm Pilates – Intermediate

[www.mountainpilates.com.au](http://www.mountainpilates.com.au)

Contact Anne on 0419 340 190



Classes at the Freeburch Community Hall

Adults & Kids classes

**MONDAYS** (Kids 5-5:45pm & Adults 5:45-6:45pm),

**WEDNESDAY** (Adults 7-8:30pm)

**& SATURDAYS** (Adults 9-10:30am)

*New students welcome, catering to all fitness levels*

Contact **Sensei Katrina Ciolli** on 0417 526549 for more information. Find us on facebook at ASSKAlpine and visit:

[www.shotokan.com.au](http://www.shotokan.com.au) to read more about ASSK.

## BRIGHT STADIUM FOR HIRE

Bright P-12 College stadium  
available for hire

For enquiries please phone:

**0413 139 339**

## TERRY CARTWRIGHT KITCHENS

3 MCGEEHAN CRES MYRTLEFORD 3737

P.O. BOX 640 MYRTLEFORD 3737

**GEOFF MITCHELL**

Director

Ph: 03 5752 2301

Fax: 03 5751 1882

Mobile: 0407 681 041

- Kitchens
- Bathrooms
- Wardrobes
- Wall Units

## M+M EXCAVATION and STRUCTURAL LANDSCAPING

Michael - 0408 636 440  
0404 887 931

**SPECIALISING IN:**

- Excavation
- Skid Steer Work
- Stonework
- Fencing
- Drainage
- Retaining

Servicing Bright & Districts  
**FULLY LICENSED**



## DAWSONS RURAL SUPPLIES

## HIRE - GARDEN - LPG

P: 03 5755 2044  
F: 03 5755 2039

49 Churchill Avenue, Bright VIC 3741  
[shop@dawsonsruralsupplies.com.au](mailto:shop@dawsonsruralsupplies.com.au)





## 12 Bright Vines

R I N G E R  
R E E F

Thank you for ordering '12 Bright Vines', Bright P-12 College's Sauvignon Blanc. The cost of a bottle is \$15 and a box of 6 is \$80 with all money raised going back into our school. To meet liquor licensing laws all payments need to go through Ringer Reef Winery. To place an order, fill in your payment details and return to Libby Dean at the school. Your wine can be collected from Bright P-12 College.

**Customer name, mobile number and email**

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Total			

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#### Wangaratta

45-47 Mackay Street Central,  
Wangaratta, 3677  
E: [info@gatewayhealth.org.au](mailto:info@gatewayhealth.org.au)  
P: (03) 5723 2000  
F: (03) 5722 2313

#### Wodonga

155 High Street  
Wodonga, 3690  
E: [info@gatewayhealth.org.au](mailto:info@gatewayhealth.org.au)  
P: (02) 6022 8888 Freecall: 1800 657 573  
F: (02) 6024 5792

## Child Health Intervention & Parent Support (CHIPS)



### Our role:

CHIPS aims to assist children and young people aged 0 -12 years, at risk of developing mental illness or are showing early signs of mental illness.

We provide early intervention support services for vulnerable families with children and young people.

### Our Levels of Support

#### We provide:

1. Intensive, long term, early intervention support for children, young people and their families.
2. Short-term assistance for families. We assess your needs and provide you with information and/or referrals.
3. Community outreach, mental health education and community development activities.

#### We do this by:

- Case management
- Organising or participating in community events
- Facilitation of general group work with children, young people and their families.
- Practical assistance and home based support





## CHIPS Eligibility

- ♦ 0-12 year old children/young people showing early signs of, or are at risk of developing mental illness.
- ♦ Written consent is required from parent/carer if you are under 16yrs of age.
- ♦ A formal mental illness diagnosis is not required.
- ♦ Self refer or an external referral is accepted.
- ♦ A parent/significant other who will also participate in the program with you.

CHIPS can help if you live within the blue area on the map.

If you live outside of this area and you need some help, please let us know.



All CHIPS referrals, eligibility and enquiries will be managed by the CHIPS coordinator at Gateway Health. Phone: 0260228888 OR 0438567247.

External referrals must be faxed to CHIPS at Gateway Health:  
FAX: 0260245792.



Australian Government  
Department of Social Services