

Secondary Music Soiree



Bright College Has Talent!

On the evening of Thursday 9th June some of our secondary students demonstrated their musical talents to packed house at the Bright Entertainment Centre.

More information regarding this evening and other musical news can be located on page 5.

Congratulations, to everyone involved!

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College Calendar

FRI 24 JUNE -End of Term 2. 2.30 Finish

MON 11 JULY-**SCHOOL TERM 3 BEGINS**

TUES 12—WED 13 JULY—Brain Bee Challenge (Yr

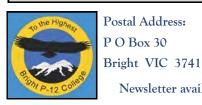
10 Team)

WED 13 JULY -Yr 10 Teen Mental Health First

Aid Session 1

SAT 16 JULY-**Bright College Snowsports**

Team - Day 1



Postal Address:

Contact:

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Newsletter available online at: www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf



Principal's Report

We are listening

Bright P-12 College has now released our annual survey to gather your input on the programs and focus areas you consider a priority in the education of your children. We strongly encourage all parents to contribute their thoughts and concerns so that they may be heard and have an impact on future planning.

This brief survey should only take 5-10 minutes of your www.surveymonkey.com/r/RZ85Y9T or in hard-copy form school – should it change? from the school office. The survey will close on the last day of term, Friday June 24th.

Please share with us your thoughts and ideas for how we might better service the needs of your children. Please also feel free to contact me personally if I can be of any assistance.

Thank you so much for your time. We are listening!

Primary and Secondary Music Soiree

I had the pleasure of attending the Primary and Secondary Soirees last week and was overwhelmed with the joy and Staff on leave enthusiasm our students and music staff have for teaching and learning music. I was particularly impressed with the breadth of musical instruments played by the students and depth of musical knowledge and skill exhibited in their performances. A big thank you to our dedicated instrumental Also, Teagan Nugent will be on leave from the end of this programs which give the students the opportunity to excel. There is robust research that suggests schools with a strong forward to working with you again upon your return. creative and performing arts program enhance the academic, social and emotional outcomes for students. The skills and behaviours needed to excel with a musical instrumentpersistence, deliberate practice, determination, self-regulation—are also those needed for academic excellence.

Reflection Time

It has been a very busy semester for everyone, with many excursions, camps, class and sporting activities that have built on the day-to-day classroom learning of our students. Now as we approach the end of the First Semester and Term 2 and reports are completed, it beneficial for students to reflect on their efforts over the past two terms, in each of their subjects. Honest self-assessment on how well they are performing in areas such as:

Organisation -am I planning well and organised?

-am I prepared and in the 'learning zone'?

-am I sticking to my Home Learning Study Time

table?

Effectiveness - am I building my lifelong learning habits?

-am I giving my learning my best shot?

-am I completing all set learning on time?

Commitment -am I focused and enthusiastic?

-is what I'm doing going to get me what I want?

-is my education a high priority in my life?

time and can be accessed at this link https:// Goal setting -what is my purpose and intention for being at

-how can I improve my efforts?

-what do I want to achieve in the next month?

These will help set future directions. Reflection time, when completed in partnership with your child, promotes a shared approach between you and your children to enhance the learning opportunities and outcomes.

I would like to wish Kaylee Mackenzie all the best for her year of leave; she will be on extended leave for one year starting from next term and returning in July 2017.

teachers and Jason Campbell for your teaching and learning term until the beginning next year and Tim Webber is on leave for Term 3. Again all the best for your leave and I look

> Finally, I wish everyone a happy holiday and look forward to working with you next term. I am on Long Service Leave until the end of this term and Kelli Jacobsen is Acting Principal in my absence.

Jean Olley Principal



Assistant Principal's Report

We have come to the last week of term and how quickly it has come to an end. There have been lots of academic and sporting achievements over the term from our students from . Prep to 12. I hope everyone enjoys their term break with their families and friends.

Last week saw the last of the ICAS assessments for a little while. So far this term students have completed the Digital Technologies, Science, Spelling and Writing tests. Thanks to https://www2.health.vic.gov.au/about/publications/factsheets/ Sally Kellett for organising these assessments.

The **Primary SRC** participated in a fundraiser last Friday, which saw students and some staff dress up as their favourite book or movie character. Congratulations to all of the students We also welcome back the Year 9 students from Leadership who participated in raising money for a great cause.

Primary and Secondary Soirees were held last week. A massive congratulations to all of our students who performed so beautifully across the two concerts. Thanks must also go to the Jason Campbell and other instrumental teachers for your hard work and dedication over the term.

week) have participated in a week's work experience. This saw our students attend a variety of work placements, from law practices in Melbourne to local trades. It really was a beneficial program to be a part of. Thanks to Chris Blazek, Kate Brady and Mal Steer who coordinated the organisation of this and also the follow-up visits. A special thanks also must go to the other teachers who assisted with the follow-up.

The 4 to 6 Interschool Football and Netball took place last week in Myrtleford. All of the students attending had a fabulous day. Thanks to Doddsy, Teagan Nugent and Georgina Matters for the organisation, coaching and umpiring. Our students do get a lot out of this experience and couldn't do it without your support.

Headlice

Headlice continue to be an issue across all schools in the state. Below is some information about parent/carers' responsibilities when controlling headlice.

Roles and Responsibilities -

Parent/Carer

Parental and Carer responsibilities include:

- ensuring their child does not attend school with untreated head lice.
- the use of safe treatment practices which do not place their child's health at risk.

To achieve this, it is reasonable to expect parents and carers will:

- regularly (preferably once a week) inspect their child's hair to look for lice or lice eggs (using conditioner and a head lice comb is the easiest and most effective way to do this – see the department's pamphlet).
- regularly inspect all household members and then treat them if necessary.
- notify the parents or carers of their child's friends so they too have the opportunity to detect and treat their children if necessary.

Helpful tips and guidelines can be found on the following link:

Treating%20and%20controlling%20headlice

Year 9 Leadership Camp

Camp. Callum Grant, Hayden Williams, Devon Turner and Fletcher Rosser who have all been away during this term experiencing China. Next term another group of Year 9 students will have the same nine week experience.

Uniform - Term 3

With term 3 just around the corner it is imperative that all students, from Prep to Year 12, are in correct winter Year 10 students (this week) and Year 11 students (last uniform. This policy is currently up to date and available on the website if you need to view it in full. There are to be no hoodies of any sort worn to school at any time. Students, if they need to be out of uniform for a short period of time, are to wear a warm jumper or windcheater. All students who are not in correct uniform will require a note from their parent or carer. or need to make contact with the classroom teacher (in Primary) or the Year Level Coordinator (in Secondary).

Picking up Children from School

Finally for this instalment of the newsletter I would like to take the time to explain the importance of informing the office, classroom teacher or Year Level Coordinator when someone else (not the legal guardian/s) is picking up your child from school. The school (including the office) must be notified if you have asked someone (other than the legal guardians/s) to collect your child from school. This can either be written consent or you may contact the classroom teacher, Year Level Coordinator and the Office via phone or email. Students are not allowed to be signed out by a third party, without this consent. The office staff may have to hold a student until consent can be given (via a phone call). Thank you for your support in this matter.

Kelli Jacobsen—Assistant Principal

Letter from The Principal

We Are Listening! Have your say in the Bright P-12 Annual

Dear Parents and Carers.

Bright P-12 College has now released our annual survey to gather your input on the programs and focus areas you consider a priority in the education of your children. We strongly encourage all parents to contribute their thoughts and concerns so that they may be heard and have an impact on future planning.

This brief survey should only take 5-10 minutes of your Yours Sincerely, https:// Ms Jean Olley time and can be accessed at this link www.surveymonkey.com/r/RZ85Y9T or in hard-copy form from the school office. The survey will close on the last day Principal of term, Friday June 24th.

Please share with us your thoughts and ideas for how we might better service the needs of your children. Please also feel free to contact me personally if I can be of any assistance.

Thank you so much for your time. We are listening!

End of Semester Reports

Dear Parents and Guardians,

This semester and into the future, your child's End of Semester Report will be published via COMPASS - this round Should you have any questions or concerns regarding to have a hard copy.

If you do not have access to the internet for viewing reports, please contact the front office admin staff by phone or in person and they will organise a hard copy of the report to be posted to you.

If you do not know your COMPASS log on details, you will need to inform the front office admin staff and provide them with a current email address; log on details will then be emailed to you. Please do this well in advance of the end of Semester.

Reports on COMPASS can be found under the 'Reports' tab on your COMPASS home page.

being published on the last day of Term 2 - Friday 24th June. reports, please contact the admin staff and they will direct You will be able to print your child's report should you wish your questions/concerns to the relevant person here at the College.

Tim Webber.

University Scholarship for Year 12 Students

Dear Year 12 students, Parents and Guardians

The Alpine Shire Council has identified, and Bright P-12 College strongly endorses an excellent opportunity for students who are planning on attending university and returning to rural Victoria for employment post studies.

Macpherson Smith Rural Foundation offering highly sought-after scholarships valued at up to You can find more information at: http:// www.msrf.org.au/about-msrf-scholarships.

In summary,

Applications are to be completed online. We recommend completing an offline version and then uploading your content into the online application.

Applications close 6.00pm, Monday 18th July 2016

Bright P-12 College can only endorse 2 students for the scholarship, who will need a reference from Ms Jean Olley.

If more than 2 students are applying, a selection process of the strongest applicants will be conducted by Ms Jean Olley and Mr Justin Power in the first week back at school between Monday 11th July - Thursday 14th July, 2016

For students who wish to apply, please email Yr 12/VCE Coordinator Mr Justin Power by Wednesday 22 June 2016.

Regards

Justin Power Yr 12 / VCE Coordinator Bright P-12 College (03) 5755 1166 power.justin.r@edumail.vic.gov.au

MUSIC NEWS

Soirees Term 2

On the 8th and 9th of June we held our Term 2 Soirees featuring Music students from Prep- Year 12.

On Wednesday night the younger students of the college performed with students playing piano, guitar, trumpet, clarinet alto saxophone and singing.

The P-2 choir performed as well as a Year 3 Rock Band and a number of duets. Everyone who performed did a great job and should be proud of their efforts on the night.

On Thursday the older students performed and this Soiree was packed with 3 hours' worth of quality musical performances. The Concert Band and Senior Choir performed. Students from the Year 10 Music Class performed as a class, in a number of smaller groups and

a couple of quality soloists from this concert. This would not be possible class performed. It was great to see without your ongoing support. students from year 7 through to year 12 perform, each to a very high standard, on a wide variety of instruments. The Year 10 Performance Concert overall standard at this Soiree was very high and every performer should be very proud of their achievements and efforts.

I would like to thank all the people who helped with the set up and the pack up for these Soirees. Thanks to Kellie Gray and Rene Rosser for your efforts in selling hot chocolates and biscuits during these Soirees. Thanks to all the families and friends who came to support these concerts, it was great to see so many faces coming out to support the talented musicians at our school. Finally, thank you to everyone for supporting the Music program here at school, it was great to showcase the talents of our students in a public

On Thursday the 16th of June the Year 10 class put on a concert for family and Bright College friends in the This concert showcased the Library. talents of the Year 10 Music class for Semester 1. Every student that performed did very well and I would like to thank everyone for their efforts throughout Semester 1. It was great to the students develop confidence over the course of this halfyear, and to see their musicianship develop. It was great fun teaching an elective subject to Year 10, and hopefully this will happen again in the near future.



HEALTH CORNER

Health Corner with Adolescent Health Nurse Rosemary Bunge

Young People and Gaming advice from Generation Next

Over the past decade our families have been swept up by a screen tsunami. Children and adults are walking around with screens in our bags and backpacks, our pockets, and our palms. We are always turned on, and neuroscientists are discovering that it is rewiring our brains - and the new neural connections are not functioning as well as the old ones. One group that is particularly affected by the internet invasion are our children. Games are overtaking many young people's lives, impacting their health, their relationships, their academic experiences, their sleep, When our young people are and more.

pulsive habit. That's the intent. Developers and marketers have can be for a very long time.

As one simple example, the Nintendo Gameboy Colour was released with colour graphics in 2000. The advert that appeared in magazines at the same time says "Don't forget to eat" with skeletal hands holding the Gameboy. The marketing is giving a clear message to parents: this game will take your child away from everything that matters in life. Everything! let you play in a mission until Why do young people love it?

It's fun - In fact, it's great fun! Status. Game-playing produces huge amounts of dopamine. This is a Should we get rid of games? chemical in the brain that is usually While research shows that a produced to make us feel great. It is moderate amount of gaming is

game that the real world can produce.

playing a game a lot more fun than where necessary, restrict it. appears in the distance. Just when ways to monitor and compromise. vou're about to lose your coins or your ammo, another opportunity to keep the game going pops up - just in

Playing games is an escape -

distressed, switching on the game Games are designed to create a com- allows them to forget all about what is troubling them. Unfortunately this is a poor coping strategy (similar to known how compelling their games turning to alcohol or other drugs),

but it does provide temporary relief. Some even acknowledge that they don't even enjoy the game, but flicking it on has become a habit.

Social inclusion - Peer support is a critical factor in the wellbeing of adolescents. Being the only one who doesn't play can lead to ostracism.

Game ethics - Some games won't you've accumulated sufficient

associated with a variety of addic-positively correlated with wellbeing, tions. Some researchers suggest that games do not make our children dopamine production as a result of "happy", help them achieve anything playing is beyond anything worthwhile, or live well-balanced lives. So it's up to parents to actively It's rewarding - Not only is monitor their child's game usage and,

writing an essay or reading a book (or This means that after reading this even kicking a footy with a mate), but article we should not be demanding the reward schedule of games is that our children turn off their games designed to provide ultimate positive and walk away. It will only create reinforcement on a cleverly designed conflict. Next newsletter we will look schedule. Just when you think you'll at some strategies to use to run out of fuel the checkpoint communicate with your child and

Quote of the week: Life is what happens between Wi-Fi signals.

Staff blood donations and dinner

May 26th saw staff continuing the wonderful community effort of donating their time and blood, followed by a nice dinner in Wangaratta. Numbers were down a little due to ill health but nevertheless we had a lovely evening.





STAFF PROFILES

INTRODUCING....

Name: Christine Blazek

How long have you been at Bright P-12 College? Since Easter 2003

What is your role at Bright P-12 College?

Career Adviser, VET Coordinator, VASS Administrator

What do you like about working at the College?

I love working with the students one-on-one about their future aspirations and I enjoy my colleagues—people with so many skills, personalities and experiences to share.

How do you spend your leisure time? Interests/ Hobbies?

I love everything to do with food... growing, preparing, eating, reading about it and sharing it!

Exercising—various including swimming, walking, gym, pilates.

I love going to the cinema and theatre, gardening and hope to do more travelling.



INTRODUCING

Name: Matt Pywell

How long have you been at Bright P-12 College?

Since 2008

What is your role at Bright P-12 College?

Year 7-12 Health and PE teacher, KLA leader for HPE dept., Secondary Sport Coordinator and year 8 coordinator.

What do you like about working at Bright P-12 College?

With relatively small cohorts at each year level we get to know the students very well which gives us greater ability to work with them and their families in a whole range of schooling areas



How do you spend your leisure time? Interests/Hobbies?

With 5 kids of my own, much of my leisure time is taken up by them. This includes coaching gymnastics, swimming and soccer and also ferrying them to and from basketball and MTB club. After they are in bed I do get the chance to sneak out for a night MTB ride once a week with a couple of mates who regularly push me beyond my limits in a effort to see how loud I can scream. Otherwise I really enjoy spending time on Mt Buffalo and other alpine environments (with the family of course).

Student's Achievement

Fiji Open Tennis Championships



On Friday 20th May, I flew to Fiji to compete in the Fiji Open Tennis Championships. Along with six other tennis friends from the Margaret Court Tennis Academy in Wodonga, I spent 10 days training and playing tennis. It was an amazing experience which has only helped me to be inspired to continue to play tennis at a competitive level.

Whilst in Fiji, we stayed at the International Tennis Federation house at Lautoka. The ITF House is home to 13 islander students who train and attend school in Lautoka. Most of them come from the Solomon Islands and surrounding islands such as Micronesia and they live there for many years and see their families at Christmas only. They are mentored and coached by Darren Wrighton, who is an international tennis coach from England and the Head coach at the ITF house. He has a really unusual accent that is a mixture of English, Australian and Kiwi, and is an exceptional coach to learn from.

For the first four days we began training at 6:30am with the ITF students for two and a half hours and had match play before they went to school. We played them again when they returned from school in the afternoon. The tournament began on day five and was played at the Denarau Racquet & Golf Club, about a forty-five minute drive from the ITF house on Denarau Island. On these days we still rose early and trained at the tournament and competed.

I played in three events – the Mens' open, 15yr Boys' singles and doubles, reaching the semi-finals in singles and winning

doubles. At this tournament, players were from New Caledonia, France, Solomon Islands, Fiji, Australia and New Zealand. The tournament match play was an amazing experience, which will stay with me for a long time.

Fiji is an amazing place, the people are so friendly. It was awesome to focus on tennis full time – and compete against experienced international players. A great experience that I would recommend for anyone with a desire to further their tennis. By Daniel Neville Yr 9.





PRIMARY SPORTS NEWS & WORK EXPERIENCE

Ovens & Murray Primary Cross Country in Wangaratta

It was a bright sunny day at Wangaratta. There were lots of students participating and there are lots of students going to the next round in Broadford. Everyone had lots of fun and ran really well. These are the students who made it through to Broadford:

Cooper Thomason 13th, Austen Hargreaves 4th, Tom Gray 1st, Charlotte Caling 13th, Saxon Rosser 9th, Luke Nannipieri 10th, Cy Banks 11th, Leah Grant 6th. It is on the 15th of June. Written by Cooper Thomson.



Work Experience

We currently have 30 year 11 students out on work experience covering a wide range of fields and going as far afield as Apollo Bay, Melbourne and Mt Hotham with many securing great placements in Bright.

Work experience is a very valuable opportunity for students to trial an industry or job they are considering At the end of the placement, we ask all studying and/or working in. This is the employers to complete an evaluation Career Adviser first year our current year 11 students are form with ten measurable criteria and

after their first placement allows them to students' feedback in term 3. try another field, having matured and learnt more about themselves and future opportunities.

Next week we have our Year 10 students experiences for our students. doing their first work experience placements.

out on their second work experience any comments they wish to provide in

block. Last year they found placements order for students to gain valuable for a week as year 10 students. We feedback. I will be discussing the believe that having a second opportunity feedback provided and seeking the

> We thank all those individuals and businesses who are prepared to provide such interesting and useful learning

Chris Blazek

SECONDARY SPORT







A wonderful day was had last Wednesday by 16 students from year 4 to year 11 at the Hume region X-country finals. The weather gods smiled favourably upon competitors as they took to their respective courses. The sun shone brilliantly as did many of our students on this day. In fact some students shone so brightly they also qualified to represent themselves and the college at the State X-country finals next month. This is a truly remarkable achievement based on the number and calibre of competitors present on the day (results and places for these qualifying athletes are listed below)

Tom Gray 4th (2km)



Olivia Paul 2nd (3km) Austen Hargreaves 8th (3km) Callan Mantyvirta 3rd (5km) Teagan Atherstone 5th (3km)

As always, special thanks go to our attending staff, without whom access to this event would not be possible. Thanks to Lee Paul for driving many of our students to the event in the college organised bus and also extra special thanks to John 'Doddsy' Dodd for giving up his day to assist managing our students and also assisting race organisers in corralling the athletes at the finish line.

A great day and well done to all involved.



BCST NEWSLETTER

Bright College SnowSports Team News

Jacket Allocation Day

Don't forget the Jacket Allocation day is this Wednesday 15th June 3:30-6:30pm in the Bright P-12 College Stadium Mezzanine.

Expressions of Interest Australian Secondary Schools Snowsports Team Championship

The BCST is now taking expressions of interest for Secondary school Snowboarders, Downhill and Cross Country Skiers to compete in the Australian Secondary Schools Snowsports Team Championship (ASSSTC). The ASSSTC which is held at Falls Creek on the 10-12 August has been running since 1967. The event is a multidisciplined team challenge, which includes Classic Cross Country, Freestyle Cross Country Relay, Ski Cross, Boarder Cross and Giant Slalom. Each school can enter a team of up to 16 students (boys and girls) and students can compete in one or all events. The ASSSTC is a fantastic opportunity for students to compete as a team in an event that promotes team spirit and mateship as well as develop and hone alpine racing skills. Students who are interested in competing can contact Andy Forbes 0419 995 985 or Barney Neville 0418 436 157 to express their interest and visit the ASSSTC website http://www.mbsc.vic.edu.au/assstc for more info.

Expressions of Interest BCST Merchandise

We are looking at organising some BCST merchandise such as Hoodies and Fleeces similar for both Adults and Kids as an additional fundraiser for the team. As we will require a minimum order number if you are interested can you please email Andy Forbes.

andy@residentialartforms.com

Thankyou

We have found a phone! A special thankyou to Cazz Redding for donating a phone to the BCST.

2016 Ski Program Countdown

32 Days to Go!



The aim of the BCST is to provide students and families with the
opportunity to develop a range of skills in a safe and affordable
snow environment

Important Dates f	or your diary	
Jacket Allocation Day	15 th June 2016 3.30-6.30pm Stadium – Mezzanine	
School Holidays	25th June-10th July	
2016 Season Training Dates	BCST 10 Day Program	
Day 1	Saturday 16th July	
Day 2	Tuesday 19th July	
Day 3	Saturday 23rd July	
Day 4	Wednesday 27th July House Race Day	
Day 5	Wednesday 3 rd August	
Day 6	Saturday 6th August	
Day 7	Wednesday 10th August	
Day 8	Saturday 13th August	
Day 9	Tuesday 16th August	
Day 10	Saturday 20th August Milne Shield	
1st Make up day	Tuesday 30th August	
2nd Make up day	Saturday 3rd September	
Presentation Award Lunch	Saturday 10th September	
Victorian Interschool Cross Country Championship	Sun 7th August Mt Buller	
Victorian Interschool SnowSports Championships	Mon 22nd – Sun 28th Aug Mt Buller	
Australian Interschool SnowSports Championships	Wed 7th– Sun 11th Sep Perisher	



NOTICES

Did you know you can download Compass as an App for your Android/Apple phone or tablet?

Go to your App Store, search for 'Compass School Manager' download and install the app. Open the app, search for Bright P-12 College and log in with your user name and password previously provided. The App has almost all the same features as the website.

5/6F VISIT BRIGHT OP-SHOP

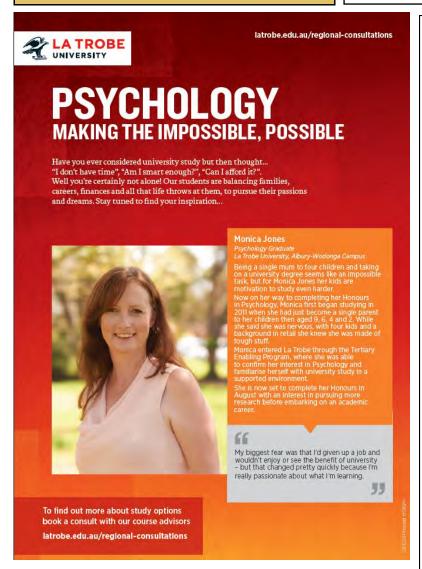
Last Tuesday 5/6F went to the Bright Op-Shop to get things for the solar cookers we are making in science. We get to decide how to make them and what food we are going to cook.

Solar cooke can't cook but in term cook with the spring!!

We went to the Bright Op-Shop to get things such as: tin things, mirrors, glass and more. Mrs Ferrito had only fifty dollars so the class was on a tight budget!

We can't wait to make the solar cookers. Unfortunately we can't cook the food this season but in term 4 we will be able to cook with them, because it will be Spring!!

Written by Carys Gallagher and Kyle Thurston.



Can you help??

The fridge/freezer in the primary area is no longer working efficiently and desperately needs replacing. The fridge is used for primary cooking, safe science

activities and storing the regularly used ice packs etc.

If you have a fridge that you would like to donate to the Primary area please contact the school by phone 57551166 or email-

bright.p12@edumail.vic.gov.au

Thank you—Primary Staff



Congratulations to those students who participated in the Bright Fun Run Sponsorship Program.

Bright P-12 College students raised an additional \$867!

A special thank you to those students who donated <u>all</u> their sponsorship money and chose to forego a prize.

Wylde Wisley, a Prep from Harrietville Primary, was the highest money earner with a whopping \$100.



A huge shout out to the Bright Ice Creamery for donating 14 single cone ice creams.

Thank you for your support!!

The Bright Fun Run Committee would also like to express their gratitude to Cloud 9, Birbante Pizzeria and BANG Toy Shop for their contribution to the sponsorship program.

We look forward to seeing everyone participate in the 2017
Bright Fun Run!

Local Business Directory

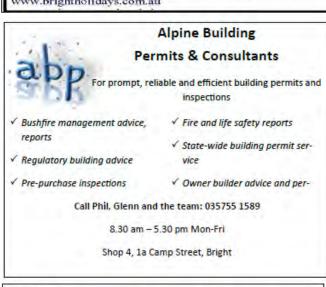


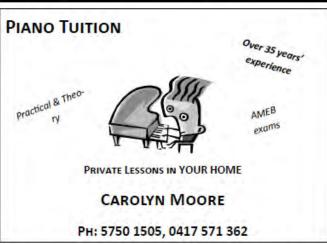


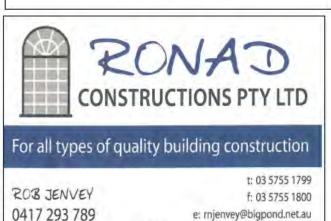




Please phone for an appointment 5755 5105 Mobile: 0409 162 245 Shop 6, 2 Star Road, Bright







32 Mt Porepunkah Road BRIGHT VIC 3741



Local Business Directory

Tim Maynard Electrical

REC 23319 ABN 28 505 454 450

Tim Maynard is a qualified and experienced Electrical Contractor who provides a range of domestic and commercial electrical services throughout the Alpine Shire.

Services include:

- · Wiring new or existing home or business
- · Powerpoints & Lighting
- · Fault Finding

Registered with energys

- · Appliance Testing & Tagging
- Underground supplies
- Appliance Repairs
- Switchboard Upgrades
- Safety Switch Installs

timmaynardelectrical@gmail.com



- Extensions & Renovations
- Kitchen & Bathroom Renovations
- Deckings & Pergolas
- General maintenance and Painting

Simon 0438643145

DB-U 37073

simon@altitudeconstruct.com



AUSTRALIAN SCHOOL OF



Adults & Kids classes MONDAYS (Kids 5-5:45pm & Adults 5:45-6:45pm),

WEDNESDAY (Adults 7-8:30pm)

& SATURDAYS (Adults 9-10:30am)

New students welcome, catering to all fitness levels

Contact Sensei Katrina Ciolli on 0417 526549 for more

information. Find us on facebook at ASSKAlpine and visit: www.shotokan.com.au to read more about ASSK.



Monday	9am – 10am	5.30pm - 6.30pm	6.30pm - 7.30pm
	Pilates	Pilates + Stretch	Pilates + Stretch
Thursday	5.30pm – 6.30pm Pilates	6.30pm - 7.30pm Pilates	7.30pm - 8.30pm Pilates - Intermediate

www.mountainpilates.com.au

Contact Anne on 0419 340 190

TERRY CARTWRIGHT KITCHENS

3 MCGEEHAN CRES MYRTLEFORD 3737 P.O. BOX 640 MYRTLEFORD 3737

GEOFF MITCHELL

Director

Ph: 03 5752 2301

Fax: 03 5751 1882

Mobile: 0407 681 041

Web: terrycartwrightkitchens.websyte.com.au Email:cartwrightkitchens@bigpond.com

- Kitchens
- Bathrooms
- Wardrobes
- Wall Units



BRIGHT STADIUM FOR HIRE

Bright P-12 College stadium available for hire



HIRE-GARDEN-LPG

P: 03 5755 2044 F: 03 5755 2039

49 Churchill Avenue, Bright VIC 3741 shop@dawsonsruralsupplies.com.au

Community Announcement

