

21 February 2024
Issue 2

Bright P-12 College Newsletter

Yr 8 ECONOMICS

Year 8 economics students are currently studying social enterprises, and visited Dumu café to see a local social enterprise in person. Students heard a history of the café and learnt about people and communities the café training benefits. They learnt that access to practical training in Wadeye is limited and participants come to Dumu café to learn about western culture, language and ways of living. Students learnt:

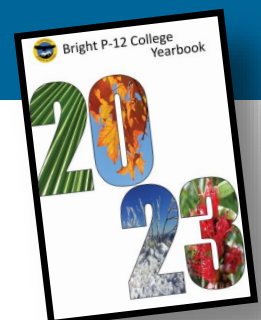
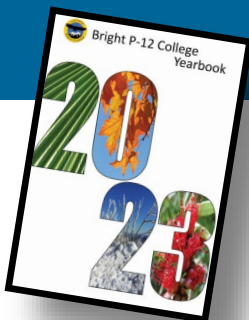
- Wadeye is so remote that when it floods you can only access the area by plane.
- Women can't play the didgeridoo and siblings of different genders can't talk to each other.
- The word Dumu means black duck in Dhudhuroa language of north-eastern Victoria.
- The trainees don't all come from Wadeye. They grow up on country and Wadeye, which is the central town for education, healthcare and work.



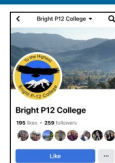
2023 YEARBOOKS

The 2023 Yearbook has been printed.

If you pre-ordered and paid for a copy at the end of last year, please come to the front office or ask your child to collect it.



Official
Facebook
page



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www.brightp12.vic.edu.au





Principal's Message

Dear students, parents and carers,

I am very pleased to report that we are sustaining our excellent beginning to 2024, marked by an unmistakable enthusiasm among both students and staff. This year, we are steadfast in our commitment to the three core priorities of our Instructional Model: Relationships, Engagement and Growth. These priorities are yielding tangible successes, not just within our classrooms but beyond them as well.

Thank you to the Parents and Friends Committee for organising the Welcome BBQ last week. It was a great opportunity for parents, students and staff to come together in a relaxed atmosphere and get to know each other better.

We are seeking interested parents/carers to join the College Council. School councils play a vital role in

Victorian government schools. Bright P-12 College Council is a dynamic and purposeful organisation which has a number of key responsibilities and is a rewarding way to be involved with your child/ren's school. If you are interested in joining College Council, nomination forms are available at the front office. Nominations close at 4pm on Friday 8th March.

And finally, I am passionate about our Sustainability Program and I hope you enjoy reading about it on page 4 of this newsletter. We will keep you updated on the progress of the various exciting projects we currently have underway.

Jean Olley - Principal

NOTE: ALL CALENDAR EVENTS ARE SUBJECT TO CHANGE. PLEASE CHECK COMPASS FOR MOST UP-TO-DATE CALENDAR

BEFORE SCHOOL SNACK

We are offering a before school snack every morning. The snack is prepared by our school Canteen Manager, Christian. Options include cut up fruit, Greek yoghurt, coconut yoghurt, honey and muesli.

Students need to bring a bowl to the Canteen window. The snacks are free and run from 8:30am to 8:55am.

This is in addition to Breakfast Club, which is on Thursday mornings from 8:15am in the Cooking Room.



COLLEGE CALENDAR

FEBRUARY 2024

21 FEB	No school for Prep students
21 FEB	6:30pm College Council meeting
22 FEB	4:45pm Respectful Relationships parent information session
23 FEB	Yr 5/6 Apex walk
28 FEB	No school for Prep students
29 FEB	Secondary O&M swimming, Wodonga

MARCH 2024

1 MAR	Primary O&M swimming, Wangaratta
5-6 MAR	Yr 9 Outdoor Ed kayak trip, Eildon - Group 1
6 MAR	Primary Hume swimming, Shepparton
7-8 MAR	Yr 9 Outdoor Ed kayak trip, Eildon - Group 3
7-8 MAR	Yr 6 Bike Hike, Harrietteville

NOTE: School photos are booked for Tuesday 23 April

NEW STAFF

Hi everyone, my name is Zoe Ditcham, and I'm super excited to be back at Bright P-12 College this year as a staff member rather than a student. I was a student at Bright P-12 College every year since Prep and have lived in the area my whole life.

I am back as Educational Support this year two days a week and I've been having a lot of fun so far.

Outside of school I enjoy doing just about anything with my friends or little sister.



FUNDRAISING



On the 22nd of March, Meagan Lee, one of our Maths and Science teachers at Bright P-12 College, will be shaving her head for the World's Greatest Shave!

The money raised will help support Australians living with blood cancer and help support research into treatment. Every little bit helps, so if you would like to support this cause, you can scan this QR code which will take you to Meagan's donation page.



HOMEWORK CLUB

The Homework Club is back on Tuesdays from 3:30pm to 4:30pm in Room 15/16.

This offers a fantastic opportunity for students to complete their weekly homework, connect with teachers and take advantage of a dedicated study space. Milo, some fruit, and snacks will be provided as an after-school refreshment. We saw great participation from students last year and would love to welcome new faces.

If you have any questions or concerns, please feel free to visit the coordinator's office and speak to Ms. Tough

Yr 7 WELCOME EVENT



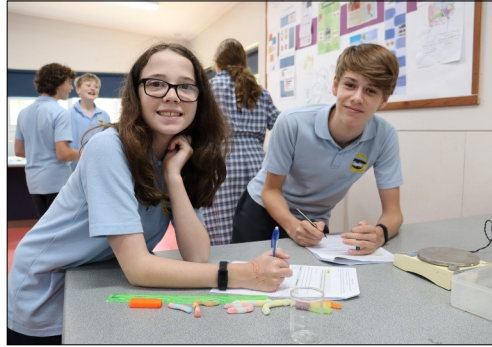
Earlier this term, our Year 12 student leaders hosted a welcome after-school event for Year 7 students and their families. We had a great turn out, with everyone enjoying participating in the icebreaker games.

We finished off with a BBQ. Many thanks to Bright butcher Alpine Gourmet Meat for supplying the meat and thank you also to Beechworth Bakery for providing the bread.

Year 7 students and families had a great evening. Congratulations to the Year 12 student leaders for doing such a great job with arranging this event.

Yr 8 SCIENCE

Year 8 students used scientific methods by doing a lab investigation making qualitative (descriptive) and quantitative (measurable) observations on different “species” of gummi worms and using the data collected to make comparisons and create graphical representations of this data.



SUSTAINABILITY UPDATE

We are entering an exciting phase in our sustainability journey that will see the College and the community working together to enhance our educational and environmental outcomes.

Thanks to joint funding provided to the Alpine Shire Council from the Commonwealth and State Governments, we were able to secure a grant from the ‘Revitalising our Environment’ Grant Program. The grant funds will go towards providing a fenced enclosure on our Deacon Avenue site - between the stadium access road and the Alpine View Childcare Centre. Approximately 3,000 native plants will be planted around the inside perimeter of the enclosure. Stage 2 of the program will involve developing the interior of the enclosure into an educational gardening space, including an orchard, greenhouse, food forest, composting systems and worm farms.

These initiatives aim to enhance student growth via a range of activities, including student-led planning and action groups across Primary and Secondary; dynamic and authentic hands-on outdoor learning; building ecological understanding through direct contact with the natural world; providing a calm environment that reduces stress and promotes engagement.



THE EMBRACE HUB

Last year, our Secondary students attended Wellbeing Workshops and watched the Embrace Kids documentary. The documentary was produced by 2023 Australian of the Year Taryn Brumfitt. The documentary focuses on body positivity and fighting the intense pressures placed on young people.

Since then, Bright P-12 College teaching staff have been accessing information on The Embrace Hub website and using the resources available to support young people at our school.

The website also features a wealth of information for parents, including podcasts, videos, tips on books to read and websites to visit with your tweens and teens. The resources are put together by a team of experts, headed up by Dr Zali Yager, an internationally-recognised body image researcher who has worked in this space for 20 years. The language is very friendly and focuses on positive ways to help young people.



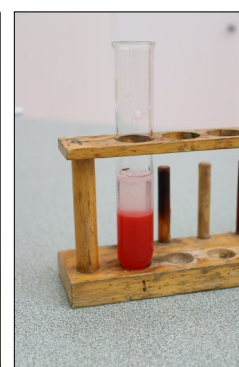
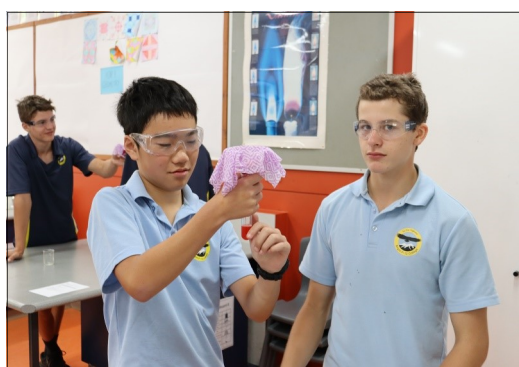
Some key statistics:

- People with body dissatisfaction are 24x more likely to develop depression and anxiety (McLean et al., 2021; Bornioli et al., 2021).
- 22% of adolescents are affected by eating disorders (Mitchison et al., 2020).
- 77% of young Australian adults report body image distress, which has more than doubled from the 33% reporting body image distress in 2009 (Milton et al., 2021).

Yr 10 SCIENCE - EXTRACTING DNA

All living things have DNA (the chemical instructions on how to make a living thing). It can easily be seen with the naked eye when collected from thousands of cells. You can extract DNA easily from a strawberry and view it by following a very simple method as our Year 10 students did. Strawberries are a good source of DNA because they have 8 copies of each of their 7 chromosomes. We crushed up our strawberry, added it to solution containing dishwashing detergent and salt, added a little ethanol and wow! We saw the DNA.

Why do we use the dishwashing liquid? The dishwashing liquid busts open the cells of the strawberries, releasing the DNA. Why do we use the salt? It ensures that the proteins in the cell are not separated from the rest of the solution with the DNA. What does the alcohol contribute to the experiment? When molecules are insoluble (unable to be dissolved), they clump together and become visible. DNA is not soluble in alcohol; therefore, it makes the DNA strands clump together and become visible to the naked eye.



MUSIC NEWS

Instrumental Program. We are fortunate at Bright P-12 College to offer an extensive instrumental program for students. We offer tuition on a number of instruments, thanks to a very talented group of instrumental teachers. Learning a musical instrument has been shown to provide many benefits to a child academically, personally and socially in their development. Students who learn an instrument will be encouraged to perform at regular concerts in school and out in the community. The recommended age to start to learn an instrument is from Year 3 and above. Please contact your preferred teacher directly. The teacher will discuss the costs and the materials required for the lessons. The lesson time will be organised after consultation with the student's class teacher, music coordinator and deputy principal as necessary.

Choirs. Prep - Year 2 Choir takes place at the start of lunch on Mondays in the Music Room. Year 3-6 Choir takes place at the start of lunch on Fridays in the Music Room. Mr Campbell will announce where the students are to meet and will then walk them up to the Music Room. Being involved is free and the students will perform at different concerts throughout 2024.

Ukulele Groups. The aim of these sessions is for the students to learn some basic skills on the Ukulele and to have fun. There is no cost involved and total beginners are welcome and encouraged. Beginner Ukulele Group (Prep - Year 2) meets on Tuesdays 8.15-8.45am in the Music Room. Senior Ukulele Group (Year 3 and above) meets Fridays 8.15-8.45am in the Music Room

Please contact Bright P-12 College Music Coordinator Jason Campbell if you have any questions about the Instrumental Program, choirs or ukulele groups. Jason.Campbell@education.vic.gov.au



Jason Campbell - trumpet, trombone, saxophones, clarinet, flute, ukulele, drums, beginner guitar, choirs, ensembles

I have many years' experience teaching a variety of instruments to young and old students. I am an ex professional musician with the Navy, having served for 11 years. I am also the Music Coordinator at Bright P-12 College. Contact Jason at Jason.Campbell@education.vic.gov.au

Rachel Campbell - piano, keyboard, clarinet, saxophones (available on Tuesdays)

I have been teaching music for 25 years as an instrumental teacher and classroom music teacher. I teach piano from grade 1 and clarinet and saxophone from grade 3. Students can choose to take AMEB exams or simply play for pleasure. I hold Bachelor of Music (Performance – Clarinet/Bass Clarinet) and a Graduate Diploma of Education. I have professional experience as a musician having served in the Royal Australian Navy Band for 5 years. Contact Rachel on 0412 635 843.

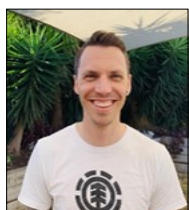
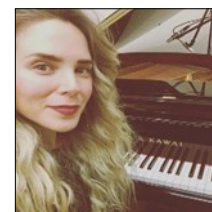


Phil Stone - guitar-electric, acoustic, classical, bass, ukulele, music theory and arranging

I have a Diploma of Music from Melba Memorial Conservatorium. I have been a guitar tutor at a number of facilities including the Murray Conservatorium and the Shanghai International School. I can teach beginner to advanced students. I have played with famous people including Darryl Braithwaite, Rick Price, Vanetta Fields and Renee Geyer. Contact Phil on 0488 288 587

Emili Rackemann - piano, flute

Emili Rackemann is a piano and flute teacher here at Bright P-12 College. She studied a Bachelor of Music at the Queensland Conservatorium of Music and has released seven albums of original classical contemporary compositions. Emili teaches both classical and contemporary piano and flute from beginner level to AMEB grade 8 in both practical and theory. Music composition classes are also available from Grade 3 AMEB. Contact Emili on 0402 509 873



Chris Hall - drum kit

I have been a student of music since the age of 11. My knowledge of music is extensive, and I am a skilled teacher who brings concepts to life in creative ways. I have live performance experience across Sydney and Melbourne with original bands. AMEB music achievements in music theory, piano, saxophone and clarinet. Contact Chris on 0405 026 169

MEDIA STUDIES INCURSION

Recently, VCE Media classes were lucky enough to have local photographer Sini Louhela in to give photography masterclasses to our students. Students worked with Sini to learn the manual settings on our DSLR cameras and then practiced their skills in the task "Make the School Cool" and product photography. Year 10-12 Media students took images of our school to edit in black and white, photographed our gardens for the sustainability project and also tried product photography for Botanic Alps products that were loaned to us for practice.



The Media department would like to thank Sini for volunteering her time to teach students invaluable skills, helping students feel confident behind the lens. We would also like to thank Botanic Alps for lending us products to photograph.



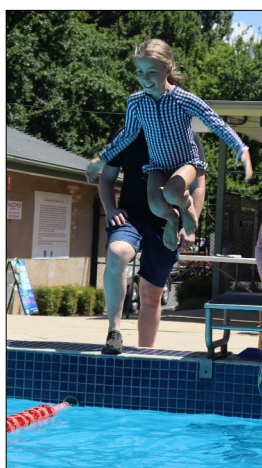
PRIMARY SWIMMING CARNIVAL

On Thursday and Friday of Week 2, our annual Primary and Secondary House Swimming Carnivals were held in Myrtleford. We were greeted with warm weather on both days and the pool deck was filled with enthusiastic students and staff in their best red, yellow and blue outfits. Thanks to all staff who helped before, during and after these events, along with all parent volunteers and spectators, who added to the experience. Finally – a huge congratulations must also go to the stars of the show – our students – for their best efforts and participation throughout the day. Ovens were the winning house on both days and have taken a commanding early lead in the race for the prestigious Bright P-12 College House Shield. Bright P-12 College Age Group Champions:

9yo – Hanna C* & Nathan McC*; 10yo – Sophie J-B & River S; 11yo – Amelia W* & Theo G; 12/13yo (Primary) – Scarlett S & Jarvis F* (* - denotes students who also won the Alpine District age group champion medal)

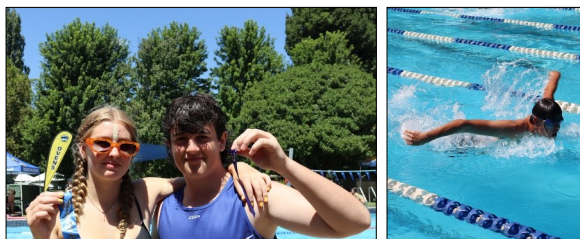
12/13yo (Secondary) – Nina C & Oskar D; 14yo – Sinta O'D & Zeke P; 15yo – Tasmyn C & Fraser S; 16yo – Jenna S & Isaac P; 17yo – Lexi M & Bodie McC; 18yo – Molly W & Yannick P

Primary age group champion medals were presented at last week's assembly, while our secondary students will receive their medals in the coming weeks.



SECONDARY SWIMMING CARNIVAL

Secondary Swim sports was the place to be. Outfits were on point, Nate K was in full yellow with a fabulous wig, Sam G swam in a crocodile suit and Krista B had the best pants. Speaking of the bomb competition, Yannick, Tyson and Joe made a splash soaking the judges and taking out their age groups. Timon held up the German flag, creating a large splash and certainly impressing the locals! We saw an emerging star of Tasmyn C dominating her field, Ruby B managing to complete 25m of butterfly and Zoe W and Luca M swimming in back to back races all day. Kiewa and Ovens battled for first while Buckland scrambled up for third, most of the seniors were in the pool most of the day. The staff vs students relay had the biggest field turn out including two teacher teams! Thanks to all students for such a great day!



PREP ART

Pupils in Prep had fun creating owls in mixed media while developing their fine motor skills, drawing, cutting, pasting and painting with fantastic results.



2024 FUN RUN

Hello Families,

Bright P-12 College's biggest fundraiser of the year, the Bright Fun Run is back in 2024! Pop 27th April into your calendars, it is going to be a fun filled morning celebrating family, community, fitness and our beautiful school.

The Community Bank Bright Trail Fest 2023 was such a success that we are going to do it all over again! There will be three trail running events; 3km, 8km and 18km.

Loads of prizes and excitement in the Fun Run Village! We will have delicious coffee, food, kids activities and entertainment so come and enjoy and cheer along the runners from your household.

This is a fundraising event to raise money for our school. Your participation and support can help the school make improvements and upgrades, helping create a better learning environment for our children.

For course information and registration please head to our website www.brightfunrun.com.au or follow our Facebook page www.facebook.com/brightfunrun/ for updates on event information.

Register your household and invite your friends. We can't wait to share this awesome trail running event with you.

The Bright Fun Run Committee



ANNUAL PRIVACY REMINDER FOR OUR SCHOOL COMMUNITY

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy and the Schools' Privacy Collection Notice.

Photographing, Filming and Recording Students Policy <https://www.vic.gov.au/schools-privacy-policy> describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance we provide on how we use Microsoft 365/Google Workspace for Education safely at the school and what parents can do to further protect their child's information.

If after reviewing the guidance, you have any questions or concerns regarding your child using Microsoft 365/Google Workspace for Education, please contact the school. For more information about privacy, refer to: Schools' Privacy Policy – information for parents. This information is also available in ten community languages:

* Amharic * Arabic * Dari * Gujarati * Mandarin * Somali * Sudanese * Turkish * Urdu * Vietnamese

COMMUNITY NOTICES



2024 AFL Auskick program



Auskick information session for season 2024 will be held at 5pm Monday 26 February at the Pavilion, Pioneer Park.

This is a meet and greet to sign up kids and volunteers and answer any questions people might have about the program.

MURAL PROJECT

Calling all young people aged 14-18 years! Inspire the design of the platypus mural!

Submit your design

Save the Date!

Sat 23 March 2024

ALPINE COLOUR FUN RUN 2024

Myrtleford Showgrounds

FACILITATED BY THE AUSTRALIAN RED CROSS

YOUTH FIRST AID COURSE

MUST BE AGED BETWEEN 12-25 YEARS OLD

BRIGHT PAVILION
MONDAY, APRIL 22ND FROM 4PM TO 7PM (3 HOURS)
WEDNESDAY, APRIL 24TH FROM 4PM TO 7PM (3 HOURS)
NEED TO ATTEND BOTH DATES

FOLLOW US @ALPINESHIREYOUTH
EMAIL US: YDO@ALPINESHIRE.VIC.GOV.AU

R.A.Y.S.

ARE YOU A YOUNG PERSON?

WANT TO WORK WITH OTHER YOUNG PEOPLE TO MAKE REAL CHANGE IN YOUR COMMUNITY?

JOIN R.A.Y.S.
@RESILIENTALPINEYOUTH
ON INSTAGRAM

UMFC's VAFPRR Community Connector Program Presents:

MAN CAVE

Community Champions Speakeasy Event

FREE EVENT!

WHAT IS A COMMUNITY CHAMPIONS SPEAKEASY?
The Speakeasy delivers experiential workshops that aim to normalise the everyday challenges of young people.
This workshop is aimed at Champions in the community who can support young people to become more open and equipped to deal with these challenges and adversities.
UMFC has committed to address the growing concern of children and adolescent mental health and use of violence in the home. No matter who you are, everyone goes through stuff, good and bad. This Speakeasy is a way to bring the community together.

WHAT DO WE OFFER?
The Community Champions Speakeasy event is a 90-minute workshop designed to support our Champions in the community to come together to develop strategies to support children and young people who are engaged in your community, clubs and or groups.
Speakeasy is a prevention and early intervention program with a vision to equip attendees with the tools and capabilities to confidently provide support with the aim of improved mental wellbeing for children and adolescents.

Details & Registration
WODONGA
Tuesday 27th February, 2024
UMFC, 27 to 29 Stanley Street 6:00pm

WANGARATTA
Wednesday 28th February, 2024
Wangaratta Library, 21 Docker Street 6:00pm

Light refreshments provided

umfc
Upper Murray Family Care

SOFT LAUNCH

Bright Youth Hub

February 21st

Free Snacks!

The Lighthouse

Safe Space for Young People aged 12-24 Years Old

2.00 PM - 6.00 PM

1 RAILWAY AVE, BRIGHT
The Old USA and Adult Education Centre

Meet support services

FutureProof RURAL

Run and have some Fun!

2024 Buffalo Stampede Running Festival

Join us in Bright on Saturday 23rd March

With a 2km kids run and a 5km family run, this is the perfect opportunity to get the little ones out for a bit of fun - with all kids getting an event shirt and medal.

As a local entrant, we would be happy to offer a discount of 50% off the already low rate.

Please use **Bright101** as the code when registering via the website below.

<https://buffalostampede.au/bright-junior-trail-run-2km>

<https://buffalostampede.au/bright-family-trail-run-5km>

10 YEARS BUFFALO Stampede FESTIVAL
22-24 MARCH 2024



18 hole course
Group bookings welcome

Fun for all!



Alpine Building Permits & Consultants

Building Permits & Building Inspections

Call the team: (03) 5755 1589

Email: info@alpinebuildingpermits.com.au

9:00 am to 4:30 pm Monday to Friday
Shop 5/1 Ireland Street, Bright

- ✓ Domestic and Commercial Building Permits
- ✓ Bushfire management advice, reports
- ✓ Servicing Victoria and New South Wales
- ✓ Regulatory building advice
- ✓ Fire and life safety reports
- ✓ Owner builder advice and permits

D|R|E

DICKENS
real estate

ALPINE SHINKYOKUSHIN KARATE

Self defence - Discipline - Fun

For all fitness levels, ages 6 and up

Classes:

Monday (Myrtleford Dojo)

Tuesday (Porepunkah Dojo)

Thursday (Porepunkah Dojo)



Contact Us:
Sensei Geoff Miller
0417 030 191 or
Sensei Sue Texler
0421 562 248



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email: alpinedojo@gmail.com
facebook: [AlpineShinkyokushinKarateDojo](https://www.facebook.com/AlpineShinkyokushinKarateDojo)

BRIGHT ACCOUNTING PTY LTD

Paul Vey

4/1A Camp Street
PO Box 537
Bright VIC 3741



Registered Tax Agent
ABN 41 164 052 420

Ph: 03 5755 5105
Email: paulv@brightaccounting.com.au



BRIGHT HOLIDAY
Accommodation

DRY GOODS
BRIGHT FOOD CO-OP

LOCAL FRESH PRODUCE

Scan for more info and to shop online



Upstairs 4 Ireland Street, Bright at Dumu Cafe
brightfoodcoop.com.au @brightfoodcoop

BUFFALO BOULDERS



Need to move your adventure indoors?
Hours of fun for ages 5 and up
Open 9am-9pm Mon-Sun

190 Myrtle Street, Myrtleford, Victoria
0428 021 938



Experience
Bright Library

Weekly Story Time!

Every Thursday from 10am

Weekly Rhyme Time!

Every Friday from 10am

A range of school
holiday activities for
all ages to enjoy!

Keep an eye on Alpine
Shire Council's Facebook
page for updates and
news on upcoming events
at the Bright Library!



ALPINE
SHIRE COUNCIL