

2 June 2021
Issue 6

Bright P-12 College Newsletter

PRIMARY CROSS COUNTRY

Age 9/10 Girls	Name
1	Josie Herman
2	Eleanor Chlebna
3	Eliza Walker

Age 9/10 Boys	Name
1	Walter Bailey

Age 11 Girls	Name
1	Sophie Marlow
3	Amelie Ferrito

Age 11 Boys	Name
1	Elliot Ford
3	Oscar Herschell

Age 12/13 Girls	Name
1	Harriet Herman
2	Layla Casey

Age 12/13 Boys	Name
2	Lachie Russell
3	Bode Crawford



Year 3-6 students from Bright P-12 College, Harrietville Primary School, Porepunkah Primary School and Wandiligong Primary School gathered in Porepunkah on a perfect weather day to run along the Ovens and test their stamina. It was a great opportunity to catch up with our local Primary schools and there were smiles all round as the students completed the cross country with gusto. We'll be taking 36 students through to the next round in Wangaratta. Well done, everyone! See page 6 for more photos from the day.

LOST PROPERTY

There is a HUGE pile of school uniform in Lost Property. At last count, we had 17 school jackets and 21 school jumpers missing their children. In order to try and reduce the overflowing Lost Property box, we will hand out all labelled items to students at the next Primary assembly. Non-uniform items that are not labelled will be donated to the Bright Op Shop. Any uniform items that are not labelled will be donated to our second hand school uniform cupboard. If you have any school uniform that's in good condition and clean, you can drop it off at the front office. If you'd like to see if any of the items in the second hand uniform cupboard fit your child, please contact the front office.

Please remember to clearly label all school items including hats, jackets and lunch boxes. Check all these items to make sure the labels are still visible.

Teachers will be asking children to take their summer hats home so they don't get lost at school over the winter months.



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Newsletter available online: www.brightp12.vic.edu.au



Principal's Message

Dear Parents, Students, Guardians and Carers,

This time around, we have made a very smooth and seamless transition from onsite learning to remote and flexible learning with very few difficulties. I would really like to thank everyone for your support and efforts to make the transition to off site learning successful and purposeful. Together, we can do this.

At this stage we are preparing for a return to onsite learning on Friday 4th June. If this date changes I will inform you as soon as I receive communications from the Department of Education and Training with the details.

We understand that this can be a challenging time for families and the staff would like to wish families and students all the best during this period of remote and flexible learning. Please make sure you reach out to your teacher, and/or Year Level Coordinator, myself or Scott if you have any questions or concerns.

Also, a reminder that if you have any ICT issues please log the issue on the Bright P-12 College service desk via emailing 0776-servicedesk@schools.vic.edu.au or students can log into <http://servicedesk.brightp12.vic.edu.au> using your Compass / School laptop details.

Any other concerns please call the College on 03 5755 1166 or email me at Jean.Olley@education.vic.gov.au

Additionally, there is further information and guidance for parents, carers and guardians available from the Victorian Government Coronavirus website <https://www.coronavirus.vic.gov.au/parents-carers-and-guardians> and <https://www.coronavirus.vic.gov.au/learning-home-information-parents>

Jean Olley - Principal

NOTE: ALL CALENDAR EVENTS ARE SUBJECT TO CHANGE DUE TO COVID-19 GUIDELINES. PLEASE CHECK COMPASS FOR MOST UP-TO-DATE ADVICE

COLLEGE CALENDAR

JUNE

26 APR-25 JUN	Yr 9 Leadership Camp
31 MAY- 4 JUN	Yr 10 & 11 Revision Week
7-10 JUN	Yr 11 Exams
9 JUN	Yr 10 Outdoor Ed MTB Day (Beechworth)
10 JUN	Secondary O&M Cross-Country (Beechworth) NOTE NEW DATE
10 JUN	Primary O&M Cross-Country (Wangaratta) NEW DATE TO BE CONFIRMED
11 JUN	Yr 11 Outdoor Ed Orienteering & Climbing Day
11 JUN	STUDENT FREE DAY
14 JUN	QUEEN'S BIRTHDAY PUBLIC HOLIDAY
15 JUN	Start Unit 2/4 VCE
16 JUN	Hume Cross-Country (Primary & Secondary)
16 JUN	Yr 12 O&M Student Collaboration Day (Myrtleford)
17 JUN	Construction Industry Card Training
17 JUN	Yr 9 Romeo & Juliet Performance
21 JUN	Yr 9 Outdoor Ed MTB Day
23 JUN	Semester 1 reports published
24 JUN	Yr 9-12 O&M Interschool Sport
24 JUN	Primary Japanese Speech Contest
25 JUN	LAST DAY OF TERM 2 SCHOOL FINISH AT 2.30pm

JULY

12 JUL **FIRST DAY OF TERM 3**

NOTE: School photos are booked for Monday 21st March 2022

UNIFORM SHOP

New trading hours for the Uniform Shop.

The Uniform Shop will now be open on Wednesday afternoons from 1pm to 4pm. The shop will no longer be open on Thursdays.

ALLAN J FINDLAY MEMORIAL BURSARY

Congratulations to Aidan Hoare, Year 12 Student at Bright P-12 on his outstanding application and interview. Aidan was presented with the winner's cheque and certificate at a combined Lions and Rotary gathering on Tuesday 18th May.

Allan J Findlay, better known as Big Al, was well known for the support he gave to many organisations and individuals, his community connections, and for making a huge difference in the lives of so many.

In recognition of his life, the Allan J Findlay Memorial Bursary has been established by the Lions Club of Bright and the Rotary Club of Bright.

The purpose of the annual Bursary is to assist young people in achieving their goals and thereby being able to give back to their community.

It is hoped that this Bursary will not only remind us all of Al's extraordinary generosity of time and spirit, but of the man himself, and also the continued need for others to engage with, and subsequently support their community. In typical community spirit, the Bright CWA very generously donated funds to be awarded to the 2 Runners Up – Jake Grayson (Bright P-12 - Year 11) and Carter Dines (Myrtleford – TAFE), whom by all accounts presented excellent applications, and are to be commended for their efforts.



Tony Strachan (President of the Lions Club of Bright), Aidan Hoare, and Allan Poyner (President of the Rotary Club of Bright).

CANTEEN UPDATE

Our Canteen team have been hard at work cooking up a storm to keep students and staff well fed. All food is made using the freshest ingredients here in the school canteen. A few options from the current Term 2 menu include a delicious cheeseburger (right) and a variety of lunch box options (below). Lunch boxes include a main dish, a selection of fresh fruit and veggies and a small sweet treat. The canteen is open at lunch and recess for high school students to buy drinks and food. Primary lunch orders should be lodged in their classroom lunch tubs and brought to the canteen in the morning.

All meals featured here are \$5 each.



Ham & cheese croissant



Fish & chips



Chicken enchilada with sour cream

SECONDARY OPEN DAY

We had a wonderful day welcoming prospective Year 7 students and their families to tour the school. The tours with Cate Lewis (Year 7 Coordinator) and Scott Burton (Assistant Principal), along with our Year 7 ambassadors, presented a snapshot of school life and were an opportunity to showcase everything about the school we are proud of.

Following the official welcome from Jean Olley, families who came along saw 'in action' the sorts of subjects available to our Secondary students; from junior Woodwork and Art, through to senior Physics and Biology. We were able to discuss the many ways students are supported in their education they receive here at Bright P-12 College, and the many pathways our students take to find the best fit for them as they enter the world beyond secondary schooling.

We have so much to be proud of here at Bright P-12 College. Our students, staff and school were on display and they shone! Thank you to all who took part.

LIBRARY FUNDRAISER

A group of Year 3 students Maisy C, Isabelle G, Poppy W, Elise R and Layla S approached the school with an idea to fundraise for school library books. After a lot of planning and meetings, they successfully fulfilled their mission by earning \$130.15. These enterprising young students made wrist bands over many months, organised a guess the jellybeans competition, produced posters to advertise the event and spoke at the Primary Assembly. We are extremely proud of their efforts, collaboration and determination. Well done!

Nat won the 'guess how many jellybeans in the jar' competition.



FREE HEARING TESTS

Jo Ross Jackson hearing centres are in Myrtleford / Bright every second week. They are offering free hearing tests for all ages.

They run out of 29 Clyde St Myrtleford Monday to Thursday and 10 Ireland St Bright Friday and Saturday.

There is no charge for a hearing test you just need to book to make an appointment **5752 2817**

THANK YOU

A big shout-out to the Bendigo Bank for providing the school with replacement pads for our AED defib machine, located in the stadium. These pads expire every 3 years and the bank kindly purchased some more for us when our pads expired. Thanks Bendigo Bank for providing and maintaining such an important piece of lifesaving equipment at our school.

JAPANESE PRIMARY SPEECH CONTEST

Primary students will be invited to participate in the Bright P-12 Primary Japanese Speech Contest, to be held in the library on Thursday June 24th 1pm-3:20pm. Parents will be invited to attend, pending any Covid restrictions. Students who would like to give a speech will need to commit to practising the speech at home over the next few weeks. Students will get more information in their Japanese class in the coming week.



This year NSS took place on Wednesday 19 May 2021. Across Australia, an amazing 1,980,280 readers participated at 33,418 locations.

Bright P-12 College joined in the fun by sharing Give Me Some Space! written and illustrated by Philip Bunting.

Primary students watched in awe as Give me some space! was read from space.



CAREERS WEEK

On Thursday 27th May, Grade 5 and 6 students participated in careers presentations from 4 guest speakers who live and work in and around the Bright Community. The presenters were Sylvia Campbell (chemical engineer), Jeff Swan (ship's captain/baker), Simon Gough (DELWP-Forest Fire Management) and Ross Walker (MICA paramedic). Students learnt about each career and the pathway that the presenter took to work in this industry.

After the presenters had finished, it was clear that there were 2 messages that came out of this career's session. These were: 1- the importance of students working out what they are passionate about and then using this information to help them create a pathway for the future and 2- all presenters worked very hard to succeed in their chosen profession and this attitude needs to be evident in all students at Bright P-12 College, to ensure they can work in their preferred career one day.






Thank you to the Primary School Captains George Walker and Zanna Vietz for helping to organise this very successful careers event.

Jane Mildren
(careers advisor)

About me

- Chemical Engineer + Arts
- Water industry

PRIMARY CROSS COUNTRY

SEE PAGE 1 FOR RESULTS



MUSIC NEWS

Primary Concert 2021

This year, the primary students will undertake a week of intensive dance lessons. These will be run by the organisation Footsteps Dance Company. Footsteps' programs develop students' social skills, confidence, fitness levels, creativity, expressive skills and coordination. Ensuring they provide a safe, positive and stimulating environment for all students. Details about this exciting program will come out early in Term 3. Dance lessons will be held September 6th-9th, with the concert taking place on Thursday the 9th of September. The format is yet to be confirmed and will depend on COVID restrictions at the time.



Mid-Year Concert

Our Music and Performing Arts teacher Jason Campbell is looking at running a mid-year concert early in Term 3. This will give our Instrumental students and ensembles a chance to perform to an audience. Because of COVID restrictions the format of this concert is yet to be confirmed. The date for this concert will be on Friday the 23rd of July. Jason will keep us informed of the details of this concert.

COMMUNITY & COLLEGE NOTICES



Bright Art Gallery & Cultural Centre
The Resilience Art Project

Brought to the community by the Art Gallery collectively and subsidised through a grant by Alpine Shire Council & the State Government of Victoria to raise awareness of the Community Bushfire Recovery Support Services in our region.

Through a delivery of three workshops we endeavour to give our community the opportunity to participate, be informed about these services, build stronger relationships and learn new art skills along the way.



2 day workshop
3 & 4 July 2021

Drawing with Linda Weil

Animals in Colour Pencil

Linda will teach you how to master layering colours over and on top of one another to create colour pencil paintings of a rich and luminous depth. Texture, reflection, form and composition and all your colour pencil questions will be answered in this workshop as well as basic colour theory.

Learn the difference between wax/oil pencils and watercolour pencils, how to layer, blend, create texture, wash or not, how to include graphite, which paper to use when, as well as all the basic techniques you need to get the most out of your graphite or colour pencil. You will enjoy step-by-step guidance, and the best part is that these techniques can be learned by anyone – no matter your current skill level!

Age: 16 years and over, Skill level: All
Cost \$75

1 day workshop 17 July 2021
Pastels with Stephen McCall

Our local artist Stephen will take you on a journey to discover how to work with pastels and create your own masterpieces.

Learn on how to create different textures, shading, form and how to bring your artwork to life.

Materials included.
Age: 16 years and over
Skill level: All Cost \$50



2 day workshop 23 & 24 October 2021
Watercolours with Charles Sluga

Always wanted to try your hand at Watercolours, but haven't known where to start?

You will move from understanding your materials and equipment to fundamental watercolour techniques. From there you will learn about the important tools of making a picture and I will start you off on the right foot in regards to having the correct mental approach. This is your launching pad to the beautiful world of watercolour painting.



Age: 16 years and over, Skill level: All
Cost \$100

Excited to join one of these workshops? Please email the gallery to find out on how to secure your place. Limited numbers apply for each workshop and places are available to all members of the public from the age of 16 and over. Note that materials are additional to the cost, except for the pastel workshop, a material list will be issued upon registration. Morning and afternoon tea incl.

To book email: manager@brightartgallery.org.au
Tel: 03 5750 1660

 FOLLOW US ON facebook

 ALPINE SHIRE COUNCIL

The Myrtleford competition, as part of the North East Skate Park Series, has been postponed due to the recent announcement regarding Victorian COVID restrictions.

The event was meant to be taking place on Saturday, 29 May, 2021.

Council and the YMCA will announce new dates as soon as possible. Follow Alpine Shire Youth on Facebook and Instagram to stay up-to-date with the latest on youth events in the Alpine Shire.



REMINDER: Term 2 Inter-School sport sign-ups have now closed.

Permission forms must be returned by the 4th of June.

Any teams that do not have all of their permission forms returned by the due date will be withdrawn from the competition. Any teams without enough sign-ups will not be offered.

HEALTH CORNER WITH ROSEMARY

"When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is." Buddhist quote

As these uncertain times continue with us, just when we started to think it was all good, here are a few ideas to support people if they are feeling anxious.

What we know about stress and anxiety

We all feel anxious sometimes – it might be about exam results, a job interview or even who will win the final of a sports match. This anxiety is a normal part of life and in fact is necessary to help us avoid danger or perform at our best. For some people, the feelings of anxiety can be much more extreme. This anxiety is more than feeling stressed – it's a serious condition that makes day-to-day life difficult. If this happens we need help to cope.

Why we worry

Stress is a normal reaction to situations where we feel under pressure – it's part of our natural survival instinct. When we feel threatened, our body automatically channels energy to help us escape the danger. The chemicals released by our brain can make us feel nervous and they can also make it hard to think clearly.

Our response

Think about how you feel when you're stressed or scared. Your heart starts racing, your breathing gets faster and you feel really alert. Most of the time, these feelings go away once the stressful situation is over. Sometimes big events in our lives can also cause us to worry and feel uncertain about the future.

Anxiety

For some people, anxious feelings can happen for no apparent reason or won't go away, even after the stressful situation has passed. Anxiety can make it hard for a person to cope with daily life. They might find it difficult to get the feelings of worry under control, which can be a very scary and upsetting experience. Some people have panic attacks or intense fear about things in their everyday life. This makes day to day living difficult so we need help.

There are lots of things that we can do to help ourselves cope better but sometimes we also need help from other people.

Support from family and friends

Our friends and family accepting us for who we are can help protect our mental health, especially during times that can be stressful.

Talking with family and friends

Sometimes it can be hard to talk about how you are feeling with your parents or close friends. You might think "What will they say?" "How will they understand?" But the truth is they want the best for you. They do not want to see you hurting.

Parents and friends will react in different ways. Some may be supportive and caring while others might have trouble understanding your experiences. It can be surprising to see how helpful people can be when you let them know what's going on. Others might feel frustrated because they don't know how to help or because they feel disappointed that they had not seen how unhappy or anxious you were.

If their reaction is because they don't know much about anxiety or depression then you may be able to learn about it together. Talking about what is going on can really help.

Help available

- Your local doctor
- Online mental health service
- Headspace centres
- School wellbeing team

Some online and phone supports

- Online chat beyond blue chat online (3pm - 12am) www.youthbeyondblue.com
- Phone 1300 22 4636 (24 hours) youthbeyondblue
- Headspace www.eheadspace.org.au
- Phone 1800 650 890 headspace

If you would like to chat, you can contact me via email bunge.rosemary.k@edumail.vic.gov.au to arrange a time.

Take care and remember to breathe.

Rosemary Bunge
Adolescent Health Nurse

Yr 5/6 SCIENCE WEEK ACTIVITIES

Last week in Science Week we learnt about Earth's place in space and how the planets orbit and wrote biographies about famous Scientists and worked on three different claims. We made space models and how the Sun, Moon and Earth move. Friday on the oval we modelled the distance of the planets. We had a great week learning about space and science we have had the best week. By Amelie, Phoebe, Illipi and Paige.



Science Week dress-up day



5S learning about the scale of our solar system

NEW STAFF



Noriaki-san has been travelling and working around Australia for 2 years, and has come to Bright P-12 College as an assistant Japanese teacher for the next 5 weeks.

Noriaki-san is from Chiba, near Tokyo and has previously worked as a firefighter in Japan.

He loves travelling and meeting new people from all over the world.

We hope he enjoys his time here.



Special School Prize Categories:
5 km Under 18 Boy/Girl
5 km Under 13 Boy/Girl
Fastest Teacher

Saturday 12 June 2021

Alpine Park, Wandiligong

Wandi Cross is a mountain running challenge set in the picturesque valley of Wandiligong, a few minutes from Bright.

Suitable for anyone from the elite to the first time mountain enthusiast,

four distances are available:

5 kilometres (500 m +/-)

21 kilometres (1860 m +/-)

~~40 kilometres (3250 m +/-)~~

Kids Run 2 km (50 m +/-)

All profits are donated to Wandiligong Primary School.

www.wandicross.com

HISTORY & MATHEMATICS

The 3/4 unit have been busy being crafty!

As a part of the History curriculum, students are researching about a significant navigator, explorer or trader up to the late 18th century. To link with this focus, students built paper ships to imagine what travel would have been like at this time in history.

2D and 3D shapes are a focus in Mathematics during Term Two. Students have had a go at building 3D shapes such as cubes, prisms and pyramids out of plasticine and toothpicks. And whilst the sun is shining we worked outside which the students enjoyed.



FOCUS ON HOSPITALITY

VET HOSPITALITY 2021

Students undertaking Certificate II, Kitchen Operations this year have already demonstrated an extensive range of culinary skills. Over the first few months of a two year course, students have begun to understand the importance of having a comprehensive workflow plan, using knives in a wide variety of tasks, maintaining an organised and hygienic work space and working as a team to complete tasks.

Students from years 10, 11 and 12 spend the entire day on site, most of which is in the kitchen. They prepare a number of foods, mostly for themselves but have also prepared a light supper for school council.

In term three, this class will commence with training and assessment off site at the Bright Community and Entertainment Centre. The purpose of doing this is to access the commercial kitchen facilities available at the centre.

Many students undertaking this course as part of their VCE or VCAL studies already have part time work in hospitality. This is not a requirement. With this qualification students could enter this vocational pathway as a second year apprentice chef upon completion.

This very much a "hands on" course and students are required to participate in all practical activities. Students are often asked to cater for a number of small events as the year progresses and in the past have catered for the Year 12 graduation dinner held in November.



IDAHOBIT DAY



IDAHOBIT Day is the International Day Against Homophobia, Biphobia, Intersexism and Transphobia. It was created on the 17th of May 1990 when the World Health Organisation declassified homosexuality as a mental disorder. This day of global awareness continues to provide inspiration, support and healing to the LGBTIQ community. The day is now celebrated in over 130 countries.

On 17 May this year, we celebrated IDAHOBIT day at Bright P-12 College. The Senior SRC held a colourful day, where Year 12s dressed up in their rainbow colours alongside the staff. We held a rainbow picnic and everyone at the school enjoyed the variety of food on the oval. We also held a Rubik's Cube competition in the library.

Words by Senior SRC Team Jacob W & Daniel K.

COMMUNITY & COLLEGE NOTICES



ALPINE HEALTH
NEEDS YOUR HELP!



Maternity & Newborn Services Survey 2021!

Help us develop a maternity and newborn service that best serves our Alpine communities.



You can help us by completing a quick 5 min survey that is both anonymous and confidential. Simply scan or click on the QR code and GO!

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Natasha Larondo

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