

29th October, 2020. Issue 13

Bright P-12 College Newsletter

ALPINE SHIRE YOUTH AWARDS 2020

Claire Lock Young Achiever 17 - 21 Years



Jake Grayson Young Achiever 13 - 16 Years



The Alpine Shire Youth Awards Committee is SO excited to announce that the Alpine Shire Youth Awards FILM is making its way to your screens on Friday, November 13! From 7:30pm, sit back and celebrate the achievements of our young people in the Alpine Shire.

Congratulations to: Cody Allport, **Jake Grayson**, **Claire Lock**, Giordana Genero, April Moran, Brianna Oldis, Mia-Larni Saric, Hista-Soldier-Wolf, and the Marian Student Leadership Team of 2019 on their achievements.

The Committee will be introducing the recipients of the 2020 Alpine Shire Youth Awards over the next few weeks, so keep an eye on Alpine Shire Youth on Facebook and Instagram to find out more!

Amongst all the recipients of this year's youth awards, the film will showcase Josh Lindsay playing us a tune from his hometown in Bright, as well as captain of Melbourne Football Club and our home grown hero, Daisy Pearce, telling us about her life growing up in the Alpine Shire and how it's influenced where she is today. We've also got special guest, Aodhan, playing his latest release, Twelve Again. With this jam-packed line-up, you won't want to miss it!

Congratulations, Claire and Jake, on your success at this years Alpine Shire Youth Awards. Well done!

COLLEGE CALENDAR

- TUES 03 NOV— Melbourne Cup Public Holiday.
- TUES 10 NOVEMBER—TUES 01 DECEMBER—VCE WRITTEN EXAMS**
- MON 16 NOV— FRI 20 NOV—Year 11 Exam Revision.
- WED 18 NOV—Year 11 English Exam
- MON 23 NOV—FRI 27 NOV—Year 10 Exams during class time.
- MON 23 NOV—WED 25 NOV—Year 11 Exams.
- THUR 26 NOV—FRI 27 NOV—Current Year 11 into Year 12 Headstart.
- FRI 27 NOV— Last Day Year 11s.
- MON 30 NOV—THUR 03 DEC—Current Year 10s into Year 11 Headstart. (VCE & VCAL).



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Newsletter available online at: www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf



Principal's Message

Year 12 Last day of classes and Year 12 Celebration Day Friday 30th October

Today is the last day of formal classes for our Year 12s. With the events of this year it just seems such a short time this group of young people have had to celebrate their final year and mark off all those events that led up to them taking their next steps into adult life.

With that in mind we are planning a number of events for our Year 12 students tomorrow with as many inline with our usual Celebration Day traditions as we can, within the current operating guidelines. Fingers crossed for a lovely day like today in which to celebrate with our Year 12 students and wish them all the very best for the months ahead.

As this will be one of the last chances I have before our Year 12s leave to study for their exams, if they have exams, I would like to take this opportunity to wish you all good luck. I have heard you took the practice exams very seriously and worked right to the very end in each exam.

There have been some outstanding results achieved by our Year 12s on school assessed coursework and VCAL projects throughout the year and a focused effort in these final weeks will enable you to capitalise on this success.

You are encouraged to return to the College over the coming weeks during your external exams, to study and catch up with your teachers. It is not too late to put in the effort needed to improve your study scores and ATAR, whatever your performance to date has been. Take this opportunity to push yourself to achieve your personal best and take pride in the knowledge you will have done everything possible to meet your goals.

Year 12 Graduation Dinner

We have pushed back the Graduation Dinner to December 4th 2020, in the hope

we will be able to hold an in person event.

Cup day

Just a reminder Tuesday 3rd November is a public holiday.

We do have classes on Monday 2nd November and buses will be operating as normal.



Principal, Jean Olley and Sally Cocks, from the General Office, adding a touch of magic to last weeks Book Week celebrations.



Acting Assistant Principal's P-6 Report

What a fantastic start to the last term we have had in the Primary, I would like to thank the staff, students and community for making this seamless transition back into the classroom! I will be stepping in as Assistant Primary Principal in Kelli Jacobsen's absence for the next two weeks as she undertakes her course, "Unlocking Potential", through Monash University. Please feel free to contact me if you have any questions or concerns in the coming weeks.

Our Main Focus

It has been a delight to witness the enthusiasm of the whole school community returning to the classroom with an air of positivity. Our teachers have all noticed the positive aspects this year has had on our students, most of all the resilience and motivation to learn. As we embark on the remainder of the year our teachers are focusing on three main objectives for our students, Health and Wellbeing, Literacy and Numeracy.

Health and Wellbeing: The disruption and stress that has occurred throughout the community is undeniably unparalleled. First and foremost our students are at the centre of all we do within the college, and the emotional state of each and everyone is carefully monitored and supported. We have Bethany (Student Wellbeing Councillor) working closely with staff and students four days a week as well as targeted teacher meetings each week aimed at assisting students' individual needs. We have also Gateway Health and Miranda continually working with our students. If you feel your child needs more support or immediate assistance please contact me: mathew.gray@education.vic.gov.au

Literacy and Numeracy: In a crowded curriculum and disrupted year the main academic outcomes for our students has been redirected to focus on both Literacy and Numeracy skills as a central point. As a college we have been working with staff to formulate assessment to ascertain how we can assist students who have developed gaps in their Literacy and Numeracy understanding. We are also adopting methods to deliver our other curriculum stands (ie. Art & Music) whilst incorporating vocabulary, writing, reading and numeracy skills.

End of year celebrations/excursions

We are awaiting advice from the Department of Education on what events can take place to bring our students together. This is a space that is continually changing through the fluidity of the regulations. I can assure you that staff are closely following the rules to keep our community safe, yet aiming to provide our students with memorable experiences in Term four and to finish off the year. Traditional class parties, graduations, end of year excursions will all look a bit different this year, however, we intend to provide our students with activities within the departmental regulations. Our Year Five/Six students will be embarking on a day trip to Mount Buffalo on 26th November, taking in the majestic environment that is on our doorstep.

Thanks to Daniel Saville for organising a virtual chat with John Fitzgerald and our Preps this week.

2021

Planning has commenced towards the planning of next year, with teachers and leadership spending time constructing the class structure of Primary and also the student placement. Students and families will be notified of classes for 2021 in the last week of Term 4.

Mathew Gray- Acting Assistant Principal.

SECONDARY SPORT NEWS



Callum Smith receiving his medal from Mr. Pywell

All the way back in a pre-COVID era the college held its annual House Swim Carnival for both primary and secondary. Both days ran smoothly and some of our students even got to go regional and zone events. Unfortunately the state championships were cancelled.

Since this day we have been unable to come together to celebrate our age champions of the pool and so have had to individually recognise them in their classes. Our 2020 Age Group Champions for House Swimming are as follow;

Age Group Champion - Swimming		
	GIRL	BOY
9yr	Josie Herman	John Oswin
10yr	Samara McCallum	Zeke Pywell
11yr	Harriet Herman	Lachlan Stewart
12/13yr	Madeline Garratt	Isaac Pywell
13yr	Jenna Stephens 72 pts	Sam Gough 76 pts
14yr	Kirra Mack 76 pts	Owen Pywell 130 pts
15yr	Morgan Jones 50 pts	Callum Smith 100 pts
16yr	Leah Grant 80 pts	Mikka Paulsen 118 pts
17yr	Erin McCormack 78 pts	Aidan Hoare 74 pts
20yr	Nicola Smith 140 pts	Marco Vear 88 pts

PARENT OPINION SURVEY

WE WANT OUR PARENTS TO TELL US WHAT THEY THINK!

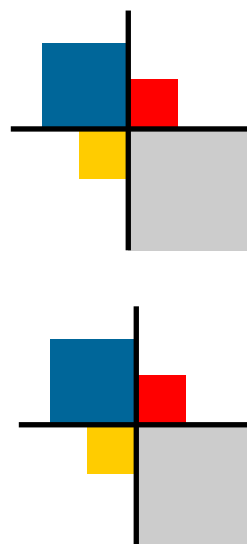
Our school is conducting a survey to find out what parents think of our school.

The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst all parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour, student engagement and experiences of remote and flexible learning.

Our school will use the survey results to help inform and direct future school planning and improvement strategies. All parents are invited to participate in this year's survey and responses are anonymous. The survey will be open until **Friday 13th November**. It takes no more than **20 minutes** to complete, and is available in a range of languages other than English.

A link to the online survey with the PIN to access has been posted onto your COMPASS newsfeed.

Please contact the school if you have any questions or difficulties in accessing the survey.



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Head's Hatchery Eggs at the Canteen

One of our Year 7 students, Sophie Head, started an egg selling business, Head's Hatchery, during Lockdown 1.0, and she is now supplying our canteen with delicious free range eggs laid by her chickens. She has 33 chickens and 3 ducks, who all have names and get cuddles every day. Sophie has a few different kinds of chickens - Isa Browns, Silkies, Bantams, Frizzles, and one tiny Bantam Silkie. She is hoping to enter her white Silkie, Squeak, into the chicken judging at the Myrtleford Show next year.



Waddles, Quackson & Duckless



Minnie



Gertrude



Squeak

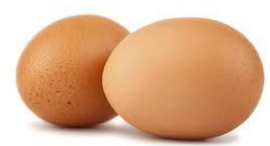


Egg



Nat from the Canteen with Sophie Head proudly displaying her produce.

(Eggcellent idea, Sophie!)



Library Borrowing Times for Students

- ◆ Years 5 & 6 After School (Not Bus Travelers) 3.20—3.40pm Mon—Thurs. Mon, Wed & Thurs.
- ◆ Year 5 & 6 Library Monitors to borrow for class on Mondays and Wednesdays during Secondary recess.
- ◆ ALL Primary Before School 8.30-8.45am Mon—Thurs.
- ◆ Secondary students during Lunchtimes ◆ Years 3 & 4 Tuesdays Lunchtime 12.40-1.35pm.
- ◆ ◆ Years 1 & 2 Tuesdays Periods 1 & 2.
- ◆ ◆ Preps Mobile Library Wednesdays 12.50—12.30pm.

BOOK WEEK 2020



BOOK WEEK 2020



Mental Health Month 2020

Mental Health Month 2020

TUNE IN

Tuning in means being *present*. It means being aware of what is happening within you, and in the world around you. Being present by tuning in has been shown to help build self-awareness, help make effective choices, reduce the impact of worry, and build positive connections.

You can tune into many things:

- **Tune in to yourself** – “*What can I sense right now?*” See, touch, taste, smell and listen to the world around you and experience the way it makes you feel. “*How do I feel right now?*” Identifying what you feel can improve awareness of your surroundings, help focus your mind and understand what is going on inside you.
- How can I tune into myself? – Finding silence, going for a walk, being in nature, practicing self-care, doing something creative or creating a morning ritual.
- **Tune in to others** – This helps build positive connections. Can you imagine what other people might be feeling and why? Does someone you love and care about seem a bit down? Maybe you can head over and help them out with a task or just sit and have a casual chat. If you are having a difficult time connecting with others, it can help to let them know that. Sharing with others that things are a bit tough right now can help them understand how you’re feeling.
- How can I tune into others? – Asking others how they are feeling, sharing a hobby, teaching them about something you love, chatting on the phone or sharing a cuppa.
- **Tune in to your community** – What is happening that you can be apart of, or that you can help others be part of? Consider groups and networks you are part of and the activities that take place within them. How can you make your communities and activities more welcoming, open or easier to access for those experiencing difficulties with their mental health and wellbeing?
- How can I tune in to my community? – Reaching out to community members who might be isolated, challenge negative ideas around mental health, reviewing accessibility options or participating in community events.
- **Tune in to stigma** – You can tune in to stigma by considering the misconceptions, prejudices or barriers that you or others face regarding mental health and wellbeing. You can ask yourself “*How do attitudes and understandings of mental health and wellbeing impact on people’s abilities to live the lives they want?*” or “*How can we help?*”

For more information about this year’s Mental Health Month, check out <http://mentalhealthmonth.wayahead.org.au/>

Bethany :)

Health Corner with Adolescent Health Nurse Rosemary Bunge

Puberty classes are up and running for year 5 and 6

Sexuality education is important and should start when children are young. Talk about feelings, relationships and values. Primary and secondary school children need age-appropriate information about sex and reproduction. At Bright P-12 we will be using a resource developed by the DET as part of standard curriculum. Puberty brings about dramatic physical and emotional changes that may be frightening to an unprepared child. To help prepare students I will be supporting teachers in **5/6 year levels** over the next few weeks with puberty classes. If you have students in that age group now is a

good time to be talking to them about growing up.

Topics we are covering include changes of puberty, relationships, responsibilities, reproduction and where to go for help.

Information will be shared in many ways, games, books, charts and simple chats.

Ask your child what they learnt today?

Young people want to talk with their parents and carers about sexual health. Avoiding the subject won’t stop young people learning about sex, but it may result in them relying on inaccurate information.

Talking to young people about sex does not encourage sexual experimentation. In fact, research indicates that young people who receive a comprehensive sexuality (sex) edu-

cation have a lower risk of unintended pregnancy and are less likely to have sex at an early age.

The easiest way to talk to your child about sexuality is to start at an early age, though it’s never too late. Answer questions honestly and directly when they come up and find out together what you don’t know as you go along.

If you would like more information about how to talk to your child feel free to contact me at the college, I am here Monday and Thursday’s.

Thought for the week: ‘I’ve learned that I still have a lot to learn.’ Maya Angelou

COMMUNITY NOTICE BOARD



LOCATION
Alpine Shire Youth
Facebook and Alpine
Shire Council website

YOUTH AWARDS 2020 FILM

ALPINE SHIRE



GUEST SPEAKER
DAISY PEARCE,
Captain of
Melbourne
Football Club

MUSICAL ACTS
JOSH
LINDSAY,
from Bright

AODHAN,
recipient of the
triple j Uneathed
High Indigenous
Initiative in 2019
& top five finalist
for triple j
Uneathed High
in 2020

Friday, 13th of November 7:30pm














ALPINE COMMUNITY RECOVERY SURVEY IS NOW OPEN!



Your Alpine Community Recovery Committee (CRC) has launched a four-week consultation phase to gain a deeper understanding of the recovery needs of local Alpine communities.

Your CRC is made up of representatives from across the Shire and Alpine Resorts to help give a voice to the broad views and recovery goals of local communities.

The findings from this survey will be used to guide planning to support community resilience and recovery into the future.

The survey will close Sunday, November 1.

Fill out the survey by simply following the link or using the QR code below.

www.surveymonkey.com/r/alpinecrc1



Contact your CRC representatives for more information on the survey by emailing info@alpinecrc.org.au.

HAVE YOUR SAY TODAY

Community update on progress of the Inquiry into the 2019–20 Victorian fire season – No.5

The Inspector-General for Emergency Management (IGEM) would like to provide an update on progress of the independent Inquiry into the 2019–20 Victorian fire season.

Inquiry Phase 1 – Preparedness and Response

On 14 October the Victorian Government responded to IGEM’s **Inquiry into the 2019-20 Victorian Fire Season: Phase 1 Report** (preparedness and response) accepting all the recommendations.

Included in its response, the government released and responded to IGEM’s **Review of 10 years of reform in Victoria’s emergency management sector**, accepting all five recommendations, some of which are relevant to the

Inquiry’s findings and are referenced throughout the Phase 1 report.

The Inquiry’s Phase 1 Report also represents the contribution of many Victorians who shared their views and experiences by joining a community meeting, writing a submission or completing a survey. These contributions have helped inform the 66 observations, 36 findings and 17 recommendations made in identifying good practice and opportunities for continuous improvement.

You can read the reports and the government’s response igem.vic.gov.au

Inquiry Phase 2 - Relief and Recovery

The Inquiry’s Phase 2 is underway, focusing on the progress and effectiveness of Victoria’s immediate relief and recovery arrangements.

Community feedback will again be important to helping IGEM understand how current arrangements are working or how they could be improved. Currently, you can share your views by:

- completing the online submission or online survey found at www.igem.vic.gov.au
- picking up a printed survey from a local community recovery hub or calling 0409 249 054 to have a survey sent to you
- requesting a telephone survey by calling 0409 249 054
- email to igem@igem.vic.gov.au
- mail to Inspector-General for Emergency Management, GPO Box 4356, Melbourne VIC 3001.

For further information, questions, or suggestions please contact our community engagement advisor, Anne-Louise Lindner by email Anne-Louise.Lindner@igem.vic.gov.au or phone 03 8684 7900.

COMMUNITY NOTICE BOARD



Our sites

Wangaratta
45-47 Mackay Street
Wangaratta Vic 3677
T: (03) 5723 2000

Wodonga
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Wodonga, Vic 3690
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T: (02) 6022 8888

Myrtleford
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Myrtleford Vic 3737
T: (03) 5731 3500

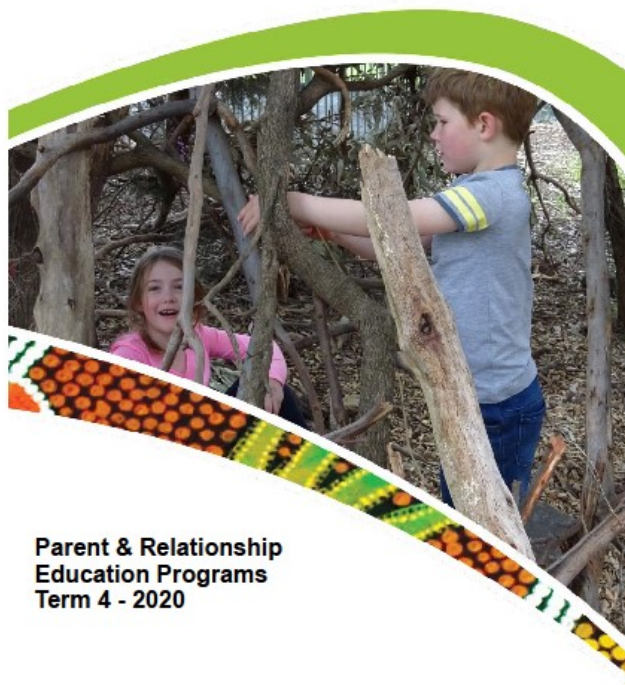


www.gatewayhealth.org.au

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V3 15042019



**Parent & Relationship
Education Programs
Term 4 - 2020**



Parent & Relationship Education Programs –Term 4, 2020

(bookings essential for all programs)

Program	Venue	Date	Time	Phone:
Positive Parenting Telephone Service (PPTS)	Free call telephone service	Ongoing	day & evening appointments	1800 880 660
WODONGA				
Parenting Trans and Gender diverse Kids	Gateway Health F11B 155 High St, Wodonga	Fridays 23rd October to 27th November 2020	10am-12pm	Intake Team (02) 6022 8888
ONLINE via ZOOM				
Emotion Coaching Connecting With Our Kids (2-10 years) (2 hour workshop)	Online via Zoom (invite via email)	Thursday 29th October 2020	6pm-8pm	Intake Team (02) 6022 8888
Bringing up Great Kids	Online via Zoom (invite via email)	Tuesdays 3rd November to 8th December 2020	10am - 12pm	
Tuning in to Kids emotionally intelligent parenting (2-10 years)	Online via Zoom (invite via email)	Thursdays 5th November to 3rd December 2020	10am - 12pm	

Gateway Health offers a range of group parenting programs as well as one on one (individual) parenting support sessions to parents and carers across the region. At the moment our support options will mostly be running online via zoom or phone due to the challenging times we are facing with the current pandemic. We want parents and carers to know that we are still operating and able to offer support.

Please contact our intake team for more information on (02) 6022 8888

Bushfire At-Risk Register - Schools

School procedures for the bushfire season



Fire danger ratings and warnings are used in Victoria to provide clear direction on the safest options for preserving life.

Schools and children's services listed on the DET Bushfire At-Risk Register (BARR) will be closed when a Code Red fire danger rating day is determined in their Bureau of Meteorology district. **Our school has been identified as being one of those at high bushfire risk and is listed on the BARR.**

Where possible, we will provide parents with up to four days notice of a potential Code Red day closure by letter and Compass Notification. A Code Red day will be determined by the Emergency Management Commissioner no later than 1.00 pm the day before the potential closure. Once we are advised of the confirmation of the Code Red day we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Code Red day.
- School camps will be cancelled if a Code Red fire danger rating day is determined for the Bureau of Meteorology district in which the camp is located.

As a bus co-ordinating school all bus routes will be cancelled.

On these Code Red days families are encouraged to enact

their Bushfire Survival Plan – **on such days children should never be left at home or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Code Red days are forecast, the safest option is to leave the night before or early on the morning of the Code Red day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan, reprioritised any maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters, by checking Compass and by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.
- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.

You can access more information about children's services closures on the Department of Education and Training website – see <http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx>

Multiple sources that offer information on emergencies are listed below:

VicEmergency app – that can be downloaded on your android and iOS mobile devices

VicEmergency Hotline (1800 226 226)

Website <https://emergency.vic.gov.au>

Facebook (<https://www.facebook.com/vicemergency>)

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