

12th November, 2020. Issue 14

Bright P-12 College Newsletter

Yr 12 Graduation Class of 2020



After a year of disruption and uncertainty our Year 12 students for 2020 have finished their classes for the year and now begin their final examinations. We wish each and everyone of you all the very best and congratulate you for your efforts, resilience and commitment to do the very best you can! Congratulations!! (Photos of Year 12 end of year celebrations can be found within this issue).

COLLEGE

CALENDAR

NOVEMBER

FRI 13 NOV until TUES 01 DEC— VCE written exams.

FRI 13 NOV — Yr 5&6 Bike Ed.

TUES 17 NOV until FRI 20 NOV—Yr 11 Exam Revision.

TUES 17 NOV—Yr 10 Outdoor Ed MTB Park 11.00am-5.30pm.

WED 18 NOV— Yr 11 English Exam.

FRI 20 NOV—Yr 5 & 6 Bike Ed.

MON 23 NOV until FRI 27 NOV—Yr 10 Exams during class time.

WED 25 NOV—Yr 9 Outdoor Ed Indoor Rock Climbing Day 9.00am—2.00pm.

THUR 26 NOV — FRI 27 NOV—Current Yr 11 into Yr 12 Headstart.

THUR 26 NOV— Yr 5 & 6 Mt Buffalo Bushwalk.

THUR 26 NOV until FRI 27 NOV- Year 10 Outdoor Ed 2 day Alpine Hike.

FRI 27 NOV—Last Day Year 11s.

MON 30 NOV—Current Yr 10 into Yr 11 Headstart.

Postal Address:

P O Box 30

Bright VIC 3741

Contact:

Telephone 03 5755 1166

Facsimile 03 5755 1770

College: bright.p12@edumail.vic.gov.au

Editor: newcomb.victoria.k@edumail.vic.gov.au

Web: www.brightp12.vic.edu.au

Newsletter available online at: www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf





Principal's Message

Over the last two weeks Mathew Gray has replaced Kelli Jacobsen as Assistant Principal while she has been travelling to Wangaratta Primary School to shadow their Principal Kristy Keenan as part of the Unlocking Potential Program. By all accounts it has been an extremely successful two weeks for Kelli, who has really enjoyed the experience and the opportunity to learn from another school. I am extremely grateful to Mathew for stepping into Kelli's position for the last two weeks and thank him for his work and professionalism within the role, which can be a very demanding one. A huge thank you also to Ciaran O'Connor who took on Mathew's Leading Teacher role for the two weeks and also really stepped up to the challenges presented. The opportunity to work outside your comfort zone and in a promotional position is extremely valuable, not only for the individual, but also for the school and the system. Kelli returns tomorrow and I am sure she will be eager to share her learnings from the program.

For this Term our core aim is to have students back and settled.

To do this we have divided the work into four areas and goals-

Student and staff wellbeing

Our highest priority is the mental health, safety and wellbeing of every student and member of staff and over the last couple of weeks we have made considerable changes to our Wellbeing Team and wellbeing processes. We have employed Bethany Carter as a student safety and wellbeing support person for four days a week to bolster our team. The Wellbeing Team (Jean, Scott, Kelli, Jenny, Bethany & Rosemary) now meet every Thursday morning with our wellbeing professionals to ensure all students are catered for and within our safety net. Their wellbeing is fundamentally important to their ability to learn and engage with the teaching and learning program. Their feelings of being in a safe and supporting environment that will nurture them to their full potential is key to their wellbeing while at school and our highest priority. If you have

any concerns for your child please make contact.

Teaching and Learning

Our priority is to ensure those who have fallen behind can catch up and those who have progressed significantly can continue to be extended and stretched in their learning. Over the last couple of weeks we have engaged in making assessments of student learning and looking for the next steps for each young person to ensure they continue to advance and thrive with their academic learning.

Transitions

A key focus of Term 4 will be to make every effort to ensure each of these end-of-year and beginning-of-year transitions occurs as successfully as possible. We are still working with DET to see what end of year events can take place and how they are able to take place within the operational guidelines. This is fluid at the moment and we will keep you updated as quickly and as often as we can.

COVID safe operations

A priority is to ensure we remain open and operate safely for all.

Youth of the Year

Two of our students are recipients of Alpine Shire Youth Awards:

- **Jake Grayson** Young Achiever 13 - 16 Years
- **Claire Lock** Young Achiever 17 - 21 Years

This is absolutely fantastic. Both Jake and Claire have put in significant efforts to work with our community. Claire was nominated by Jenny Young for her work in the community and her advocacy for mental health and Jake for his positive involvement in the sport of mountain biking.

We are very proud of your efforts Claire and Jake and on behalf of the Bright P-12 College community I congratulate you.

Jean Olley—Principal.





**Acting
Assistant
Principal's
P-6 Report**

For the past two weeks it has been a delightful experience stepping in as the Acting Assistant Principal in Kelli's absence. There have been plenty of highlights, however what stands out most has been the opportunity of forming relationships with the lower year level students. Due to the extreme disruptions this year staff and students haven't had the same opportunities to make connections with students outside of their immediate unit. It has been a pleasure hearing our Preps read during their literacy block of a morning, seeing the massive games of tag that the Year 3/4 students have taken up during recess and the nature play our Year 1/2 students have immersed themselves in. I look forward to returning to the Year Six classroom for the remainder of the school year.

Our Main Focus

Students and staff have reached the halfway mark of the term, with our shared main focus of Health and

Wellbeing, Literacy and Numeracy being at the forefront of our work.

Health and Wellbeing: Staff have been closely monitoring the wellbeing of the college community over the past six weeks. The importance the staff has placed on making sure the college is a place of support, security and safety needs to be commended. At the forefront of everything we do is placing the child at the centre, and the emotional and social wellbeing is fundamental. If you feel your child needs more support or immediate assistance please contact the college.

Literacy and Numeracy: Literacy and Numeracy remain to be at the central point for this term. Staff have begun facilitating a range of assessment tasks to ascertain how we can assist students who have developed gaps in their Literacy and Numeracy understanding. We are also adopting methods to deliver our other curriculum stands (ie. Art & Music) whilst incorporating vocabulary, writing, reading and numeracy skills.

End of year celebrations/ excursions

We are awaiting advice from the Department of Education on what

events can take place to bring our students together. This is a space that is continually changing through the fluidity of the regulations. I can assure you that staff are closely following the rules to keep our community safe, yet aiming to provide our students with memorable experiences in Term four and to finish off the year. Traditional class parties, graduations, end of year excursions will all look a bit different this year, however we intend to provide our students with activities within the departmental regulations. Our Year 5/6 students will be embarking on a day trip to Mount Buffalo on 26th November, taking in the majestic environment that is on our doorstep.

2021

Planning has commenced towards the planning of next year, with teachers and leadership spending time constructing the class structure of Primary and also the student placement. Students and families will be notified of classes for 2021 in the last week of Term 4.

Mathew Gray- Acting Assistant P-6 Principal.

FREE SKATE PARK WORKSHOPS

Get involved with the North East Skate Park Workshops this Youth Month! Alpine Shire Council have teamed up with AI's Skate Co to bring you scooter and skateboard workshops across the Alpine Shire, Indigo Shire, and Wangaratta.

In Alpine Shire, they're coming to Mount Beauty, Myrtleford, and Bright across three afternoons.

MOUNT BEAUTY: Tuesday, November 17

MYRTLEFORD: Thursday, November 19

BRIGHT: Tuesday, November 24

There are THREE workshops each afternoon, each running for 45 minutes for SIX scooter riders and SIX skateboarders. Choose the best time for you (please note that numbers are capped):

3:30pm – 4:15pm

4:30pm – 5:15pm

5:30pm – 6:15pm

WHAT YOU NEED TO KNOW:

It is completely FREE

Available to young people aged 8 – 25

Open to riders of all skills and abilities

Registrations required

All participants must fill out a waiver (if you're under 18, your parent/guardian/carer must complete)

All participants are required to BYO scooter, BYO helmet, BYO knee, elbow & wrist guards

NOTE: *Helmets must be worn by ALL participants *All participants aged 12 and under must wear knee pads and elbow pads *Knee pads, elbow pads and wrist guards are recommended for all participants *Closed toe footwear must be worn by all participants *AI will have a range for helmets and pads available for sale at each event

Register now for your town

MOUNT BEAUTY: <https://events.humanitix.com/north-east-skate-park-workshops-mount-beauty>

MYRTLEFORD: <https://events.humanitix.com/north-east-skate-park-workshops-myrtleford>

BRIGHT: <https://events.humanitix.com/north-east-skate-park-workshops-bright>



PREPS VIRTUAL TENNIS VISIT



On Thursday 29th October, Prep H and Prep P were joined via video call by Australian tennis legend John Fitzgerald to talk all things tennis, ask questions about John's decorated career and even received their own brand new tennis racquet!

Our wonderful Prep students were extremely polite and grateful for their new prized possession. John and other Tennis Victoria officials were very appreciative of the group's excellent behaviour and made note of this on several occasions. A big thanks must go to Tennis Victoria for organising the video call and providing the racquets. We can't wait to see them in use during the summer months!

Daniel Saville

Primary Sports Coordinator



Is there plastic in disposable masks?

Are they biodegradable? The disposable mask is a part of the plastic nightmare and its become huge since the pandemic started. They end up in landfill and some will end up in water ways. In Hong Kong there was lots of disposable face masks on the beach. One guy said he found 70 mask on a 100m stretch of beach. Latex gloves are also being frequently found in the ocean and there is more face masks and gloves than jellyfish in the ocean.

What are they doing to the animals? The disposable face masks are just as dangerous as the plastic rings, they choke the animals, the platypus for us up here. Which is bad because it could wipe out the platypus and effect are eco-system.

What can be done about it (cut the elastic so animals don't get strangled)? Disposable face masks are a big problem in the water ways because they strangle the animals slowly around our area. The platypus could be effected by the face masks so that is why you should cut the elastic on the mask so it doesn't get wrapped around the necks of animals.

By Tyler Arnott & Saxon Rosser.



The author Ashifa Kassam from The Guardian.

Student Safety & Wellbeing Support with Bethany

Helping your child cope with exam stress

When your child faces exams, often scheduled close together, they are under incredible pressure. They'll need your understanding and support.

The words pressure and stress are used interchangeably but are different

Pressure can be challenging, but positive and motivating overall

Stress feels negative and can get in the way of performing well

Stress: Stress can be a negative reaction to excessive pressure or other demands.

Exam stress can be caused by :

Fear of 'failure'
Pessimism and thinking the worst
Unrealistic expectations
Feeling unprepared
Performance anxiety

What to expect when the exam stress hits

Your child may openly express how stressed they're feeling, or they may hold it in and try to cope on their own.

These are some signs they may be under stress

Blaming others, anger or frustration
Difficulty making decisions
Problems going to sleep, problems waking up or poor sleep quality
Racing heart and sweating
Mild chest tightness or pain
Skin breakouts
Nausea or minor stomach upsets
Teeth grinding, nail biting or fidgeting
Increased smoking, drinking or drug use
Losing touch with friends
Feeling cranky and irritable (increased yelling, crying, swearing, lashing out)
Feeling or thinking negatively about the future

How to support your child with exam stress

One of the challenges as a parent is that exams are something your child has to do on their own. You can support they by trying the following:

Teach them the importance of study breaks
Be constructive and positive
Encourage good sleep patterns and eating habits
Provide a quiet space for them to study and prepare
Having realistic expectations and not pushing them too hard
Encourage them to ask the teacher questions if they're unsure
Help them to know what to expect on the day of the exam
Help them be on-time or arrive early
After the exam, listen to their concerns and avoid criticising them.

Bethany Carter —Student Safety and Wellbeing Support

Year 12 End of Year Celebrations

A huge thank you to Sixpence Coffee and a Pocket Full of Rye for catering for our Year 12 & staff breakfast. Luke & Brendan donated their time and all coffees for this special breakfast. Thanks so much guys!!

Another big thanks to Burgerville Bright who supplied our Year 12s with a delicious burger & chips lunch for their last ever school lunch. What a treat!

Our Year 12s loved their special breakfast & delicious lunch and these local businesses certainly helped create a memorable last day for them.

Thank you to the Alpine Shire Council & FReeZA for their support and funding towards our Year 12s final day of school activities. The Alpine Shire Council is glad to have had the opportunity to support our senior students end-of-year activities.



Year 12 End of Year Celebrations



Year 12 End of Year Celebrations



Mr. Ferrier did a good job of impersonating Steve Jenvey by keeping the grounds tidy.



Mr Elliott is Frau Ciolli.



2 Darren Ferrier's, 1 Tash Tough and a Mel Worth.



1 D.F. , 1 S.B., 1 Maria A., 1 J.M. & 1 Mr. Campbell.



The Scott Burton Brigade.



JanMaree 'look a likes'.



A pair of 'Jeans'.

Staff joined in the fun for our Year 12s end of year celebrations last Friday by dressing up as another staff member. There were quite a few Scott Burton's and JanMaree's about the college that day! Looks like the staff enjoyed the day as much as the Year 12s.

Health Corner with Adolescent Health Nurse Rosemary Bunge

World Kindness Day is a designated day to pause and consciously reflect on times when we have been shown kindness, and think about ways in which we can treat others kindly.

- * Let someone go past you in the grocery queue
- * Send flowers or chocolates to a friend out of the blue

World Kindness Day is observed annually and this year falls on November 13th.

Quote of the week: In a world where you can be anything – be KIND.

Encouraging Random Acts of Kindness Sometimes the loveliest acts of kindness come completely out of the blue.

Reward Kindness No matter how (seemingly) small, acts of kindness deserve our acknowledgement.

10 random acts of kindness (note they don't all cost money)

- * Smile
- * Hold the door open
- * Give an honest compliment
- * Thank someone who you appreciate
- * Be a good listener
- * Offer your help to someone
- * Ask the person who's serving you how their day is going
- * Treat someone to a coffee or tea



COMMUNITY BUSINESS DIRECTORY

*Deep Connection Workshops,
Meditation and Facilitation*

L.A COUCH
LEECOUCHE.COM

the seam queen
ALTERATIONS . MENDING . FASHION

Natasha Larondo
☎ 0481 301 371
f theseamqueen

Buckland Valley | by appointment ... or find me in the Bright P12 Uniform Shop!

DAWSONS RURAL SUPPLIES

YOUR ONE STOP SHOP

- HIRE**
Machinery to partyware & everything in between
- GARDEN**
Tools, sand, mulch & gravel
- LPG**
Gas bottles for homes & BBQ's
- FENCING**
Fencing products & advice!
- PETS**
Pet food and pet care products
- PRODUCE**
Stock feed and more!

Proudly locally owned & operated by Dawson & Annette Pasch
03 5755 2044
shop@dawsonsruralsupplies.com.au
www.dawsonsruralsupplies.com.au
49 CHURCHILL AVENUE, BRIGHT
facebook.com/dawsonsruralsupplies

Bushfire At-Risk Register - Schools

School procedures for the bushfire season



Fire danger ratings and warnings are used in Victoria to provide clear direction on the safest options for preserving life.

Schools and children's services listed on the DET Bushfire At-Risk Register (BARR) will be closed when a Code Red fire danger rating day is determined in their Bureau of Meteorology district. **Our school has been identified as being one of those at high bushfire risk and is listed on the BARR.**

Where possible, we will provide parents with up to four days notice of a potential Code Red day closure by letter and Compass Notification. A Code Red day will be determined by the Emergency Management Commissioner no later than 1.00 pm the day before the potential closure. Once we are advised of the confirmation of the Code Red day we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Code Red day.
- School camps will be cancelled if a Code Red fire danger rating day is determined for the Bureau of Meteorology district in which the camp is located.

As a bus co-ordinating school all bus routes will be cancelled.

On these Code Red days families are encouraged to enact

their Bushfire Survival Plan – **on such days children should never be left at home or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Code Red days are forecast, the safest option is to leave the night before or early on the morning of the Code Red day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan, reprioritised any maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters, by checking Compass and by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.
- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.

You can access more information about children's services closures on the Department of Education and Training website – see <http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx>

Multiple sources that offer information on emergencies are listed below:

VicEmergency app – that can be downloaded on your android and iOS mobile devices

VicEmergency Hotline (1800 226 226)

Website <https://emergency.vic.gov.au>

Facebook (<https://www.facebook.com/vicemergency>)

ALPINE SHINKYOKUSHIN KARATE

Self defence - Discipline - Fun
For all ages and fitness levels



Classes:
Tuesday
Thursday

Contact Us:
Sensei Geoff Miller
0417 030 191 or
Sensei Sue Texter
0421 562 248

Station Street
Porepunkah, VIC

www.alpinedojo.com



**Bright's Mobile
Massage**

Elite Sports & Remedial
Sally McCallum

0418 677 080

BANG

Brights Activities Novelties & Games

12B Barnard Street, Bright
Ph: (03) 5750 1777
www.bangtoyshop.com.au

BRIGHT ACCOUNTING PTY LTD

Paul Vey

4/1A Camp Street
PO Box 537
Bright VIC 3741

CPA Registered Tax Agent
ABN 41 164 052 420

Ph: 03 5755 5105
Email: paulv@brightaccounting.com.au


Alpine Building Permits & Consultants

Call Phil, Glenn and the team: 035755 1589

8.30 am – 5.30 pm Mon-Fri - Shop 4, 1a Camp Street, Bright

E: info@alpinebuildingpermits.com.au

- ✓ Bushfire management advice, reports
- ✓ Regulatory building advice
- ✓ Pre-purchase inspections
- ✓ Fire and life safety reports
- ✓ State-wide building permit service
- ✓ Owner builder advice and permits



RONAD
CONSTRUCTIONS PTY LTD

For all types of quality building construction

ROB JENVEY
0417 293 789

t: 03 5755 1799
f: 03 5755 1800
e: mjenvey@bigpond.net.au
32 Mt Porepunkah Road BRIGHT VIC 3741

DIGITAL TV • SATELLITE TV

Electronic Repairs & Antenna Systems,
Home Theatre and all electronic repairs
Wall Mounting

GREG TAYLOR
Qualified Technician with over 38 years experience
(03) 5756 2559

80 Station Street, Porepunkah
Postal Address: P.O. Box 193, Porepunkah 3740
ABN B1 735 937 515

M+M EXCAVATION
and
STRUCTURAL LANDSCAPING

Michael - 0408 636 440
0404 887 931

SPECIALISING IN:

- Excavation
- Skid Steer Work
- Stonework
- Fencing
- Drainage
- Retaining

Serviceing Bright & Districts
FULLY LICENSED



**BRIGHT HOLIDAY
accommodation**
booking service

DICKENS
real estate