

26th November, 2020. Issue 15

Bright P-12 College Newsletter

WE REMEMBERED THEM

Senior School Leaders L-R: Deputy School Captain—Nathaniel West.
 School Captain—Oliver English.
 School Captain—Zoe Grayson.
 Deputy School Captain—Nicola Smith.



COLLEGE CALENDAR

NOVEMBER—

THUR 26 NOV until FRI 27 NOV- Year 10 Outdoor Ed 2 day Alpine Hike.
 FRI 27 NOV—Last Day Year 11s.
 MON 30 NOV—Current Yr 10 into Yr 11 Headstart.

DECEMBER -

TUES 01 DEC—VCE Written Exams
 TUES 01 DEC—THUR 03 DEC - Current Yr 10 into Yr 11 Headstart (VCE & VCAL)

WED 02 DEC— Yr 12s end of exams break-fast presentation—Riverdeck 9.30am-11.30am.
 THUR 03 DEC—Last Day Year 10s.
 FRI 04 DEC—STUDENT FREE DAY—Report writing.
 FRI 04 DEC—Yr 12 Graduation—Deer Farm 6.00pm—10.00pm.
 MON 07 DEC—P-2 Sports Day 9.15am—12.40pm.
 TUES 08 DEC—Prep 2021 Transition Day.
 WED 09 DEC—Year 9 Outdoor Ed Kayaking

Trip 8.00am—4.30pm.
 THUR 10 DEC—Year 9 Outdoor Ed Kayaking Trip 8.00am—4.30pm.
 “ “ - Prep 2021 Transition Day.
 “ “ - 5/6 Tennis @ Bright Tennis Club.
 “ “ - Year 6 Celebration Dinner 6.00pm—8.00pm.
 FRI 11 DEC — 3/4 Sports Day 9.15am—12.40pm.
 “ “ - Last day of classes for Year 7-9 students.



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Newsletter available online at: www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf



Principal's Message

As we head into the last three weeks of this term and of this year, it is not without relief that I see the end in sight, despite having so much to complete before the last day. This year has truly tested our resilience, flexibility, adaptability, relationships, wellbeing and school operations and I am happy to report that for the most part we have reached new heights and created new benchmarks. We have found that as an organisation we can move very quickly to respond to new challenges through working collegiately, upskilling, looking out for each other and keeping communication clear and consistent. This is a real game changer. We now have a change model that works for this school. Mainly on how to make and embed change. And as we move into 2021 and develop a Strategic Plan for the next four years it will be important to remember the lessons of 2020. While there have been real impacts this year on students, teachers, parents and the community, impacts that we are already working to identify and look for strategies to amend. There have also been areas of growth, which we are also working to identify and look for strategies to keep. It has been a year of highs and lows. It has placed huge demands upon our staff, students, parents and community and we have met those demands. This is something we can be very proud of and need to celebrate as we end this unprecedented year.

REMEMBRANCE DAY -

On Wednesday November 11th it was my pleasure to walk to Mafeking Square with the Primary School Leaders to lay a wreath in commemoration of Remembrance Day.



Pictured here with Miss Olley are Primary School Leaders: Madeline Garratt, Grace Tomasoni, Noah McMonagle and Alan Grasser.

NEW STAFF 2021

Over the last couple of months we have had a number of positions filled for 2021. I would like to thank everyone who applied for the positions. The decisions of the panels were not easy and I acknowledge and thank all the panels for their work selecting staff for the College.

- Secondary Maths and Science – **Ewan Campbell**
- Secondary Maths and Science – **Tristan Gogan**
- Secondary English and Humanities – **Brooke Picot**
- Primary – Year 4 class – **James Ince**

Welcome to Bright P-12 College!

STAFF WHO HAVE RESIGNED FOR 2021

I would like to acknowledge the contribution of each of the staff who have resigned for 2021 and thank them for their dedicated efforts and hard work over either a few years or many years. I would hope we can do something a little more to celebrate their service either this year or next.

- **Jayne Forbes**
- **Julie Thomas**
- **Luke Jones**

I will be away on leave from tomorrow till next Wednesday 2nd December visiting my son in Sydney. Kelli and Scott will be filling in for me for the three school days of my leave.

Jean Olley— Principal





**Assistant
Principal's
P-6 Report**

Teaching and Learning:

Students are currently finalising all their assessments for learning. Staff will commence reports writing shortly and will take great care in being able to provide detailed and accurate feedback to parents.

Transition:

We are finalising our class lists for 2021 and will have a whole school transition day on the **8th of December** where students will meet and spend the day with 2021 teachers. Students and teachers will get the opportunity to learn about their new classmates and teachers through a range of activities on the day focused on the theme "All About Me". Transition is a clear focus for the Department, enabling students to feel settled and establish relationships with their 2021 teacher prior to the start of the school year.

We will welcome our 2021 Preps on-site on this day, in small groups of 10 and we have had a lot of response from parents, booking their children in. They will return on the Thursday for their final transition plan. Parents of our new Preps will also have the chance to come on-site on the Wednesday night after school. We have put together a meaningful transition, with the current restrictions that we have in place from DET.

Staff have also commenced hand-over meetings about students, where this year's teachers have been providing teachers for 2021 with detailed feedback and strategies on their students.

Wellbeing and connection:

We have a busy end of term coming up as well, with some planned activities occurring over the final two weeks. These will be on-site but will give the students the chance to spend some time on extra-curricular activities to enhance their peer relationships before the end of the year.

We still have Miranda from CHIPs attending on-site and Bethany has been quite active in supporting the students who we have identified as needing extra support.

Primary students have been playing very well together in the yard, displaying the values of respect and collaboration. Below are some photos of the Year 3 and 4 Pine Village, which saw approximately 30 students enjoying each other company. Students have been learning about overcoming differences and working through problems, as the village has faced some challenges. They came up with the idea that the village should have a mayor to oversee it and held an election.

Other students have been using their imaginations, and had a sloth garden, some students have been working to put together. Dance and also working together to make sure our yard stays clean and beautiful.

School Photos are still online and available to order for 2020:

On photo day all students received a flyer which includes a code unique to them. You will require this 2020 code to register online and view your photos.

If you registered earlier this year, you will be able to log back into your account to view your images.

If you have not yet registered, please go to order.arphotos.com.au and enter your unique code to complete your order.

If you have misplaced your registration code or are unsure if you have registered, please contact the Arthur Reed Photos customer service team directly on 5243 4390 or customerservice@arphotos.com.au

Please note that you will need to register online with your **2020 photo code** to gain access to this year's images.

All photo packages are currently being sent home in, so please ensure that you enter the correct details and nominated shipping address upon checkout.

If you require any assistance ordering your photos, please contact Arthur Reed Photos directly on 5243 4390 or email customerservice@arphotos.com.au

Kelli Jacobson—P-6 Assistant Principal



Library News

Lovely to see the library being used again by our Primary students. Year 3/4V students are pictured exploring the shelves and enjoying the pleasure of reading books.



COME 'N' TRY CANOEING / KAYAKING with the North East Canoe Club

December 1, 2020 @ 4:30 pm – 6:30 pm

The North East Canoe Club is conducting a free "Come n Try" event at the Bright Ovens River Swimming area.

Club members will be available for instruction and coaching in paddling canoes and kayaks. All equipment including boats, paddles and PFDs will be available. If you have your own boat, bring it along and we'll help improve your confidence and technique

if required. Please contact event organiser to register your interest. ian.minns1@gmail.com



Health Corner with Adolescent Health Nurse Rosemary Bunge

Breakfast - Don't forget to come and join us for breakfast each Thursday morning. Breakfast will continue until the second last week of term so that is December 10th. Come along and get a great happy start to the day.

SunSmart - Don't forget that during term 4 and term 1 as part of our commitment to being SunSmart everyone needs to wear a hat when outside. Also, we encourage the use of sunscreen when outside for prolonged periods.

When UV is 3 or above be SunSmart



Hydration - With the weather warming up again it is very important we make sure to stay well hydrated. This helps us to concentrate better and reduces the risks of headache and feeling sluggish. Remember to bring your water bottle and sip frequently during the day.

Stress - If you are feeling stressed out at the end of the year with trying to get work completed or doing exams don't forget to use some mindfulness activities, checkout helpful websites like www.youthbeyondblue.com and <https://headspace.org.au/> or come and visit your school nurse.

Quote for the week: "Be fearless in the pursuit of what sets your soul on fire." Jennifer Lee

<h2>Wellbeing with Bethany</h2>	<p>14-18 years: 8-9 hours per day</p> <p>The impact of lack of sleep</p>	<ul style="list-style-type: none"> • Turn off devices at least 30 mins before bed
<p>SLEEP</p>	<p>Sleep problems are some of the most common issues faced by parents. When children don't get enough sleep over a period of time, some of the following behavioural, cognitive (mental) and emotional symptoms can occur:</p>	<ul style="list-style-type: none"> • Talk to them about their sleep to figure out what might be impacting on it
<p>What happens when your child doesn't get enough sleep?</p>	<p>Sleep is vital for children's' health, development and wellbeing. It helps them to stay healthy, grow, learn and do well in school. Sleep physically restores their body, improves brain function and mental health. For a growing body, sleep is just as important as nutrition and exercise. Children of all ages need to get enough sleep so they can play, learn and concentrate during the day. Not getting enough sleep can have big impacts on your child – behaviourally, mentally and emotionally.</p>	<ul style="list-style-type: none"> • Help them make sleep a priority!
<p>How much sleep is enough?</p>	<p>Recommended hours of sleep per night can vary depending on age. Every child is different, so take time to figure out what works best for your child. Generally, as a guide:</p>	<ul style="list-style-type: none"> • Ensure they're getting enough sleep for their age
<p>3-5 years: 10-13 hours per day</p> <p>6-13 years: 9-11 hours per day</p>	<ul style="list-style-type: none"> • Issues with study and socialising • Irritability and moodiness • Shorter attention span • Lack of concentration and focus • Increased forgetfulness • Reduced academic performance • Lack of interest and motivation • Difficulty learning new information • Difficulty regulating emotions • Higher risks of accidents • Increased stress • Increased impulsivity • Reduced immune system • Decline in mental health 	<ul style="list-style-type: none"> • Set up a regular bedtime and waking up time – and help them stick to it!
<p>How to support healthy sleep habits</p>	<ul style="list-style-type: none"> • Encourage exercise or time outdoors during the day 	<ul style="list-style-type: none"> • Develop a regular bedtime routine – taking a bath/shower, brushing teeth, then reading or meditation
<p>Bethany :)</p>		<ul style="list-style-type: none"> • Create a good sleeping environment (dark, cool, quiet and screen-free)
		<ul style="list-style-type: none"> • Avoid sugary foods and drinks a couple of hours before bed to help them rest easier

RECESS PLAYTIME FOR YEARS 5 & 6



The rain ceased in time for our primary students to go outside and play during recess on Monday. It was fantastic to our Year 5 & 6 students playing ball games with their groups of friends.

COMMUNITY AND COLLEGE NOTICES

Open to all Victorian primary school students

Lots of prizes up for grabs for winning students and schools!

Visit kidsafevic.com.au to find out more

AGRICULTURE VICTORIA
This project was funded by the Victorian Government, Joint the Smarter, Safer Farms Program

Kidsafe Victoria's Farm Safety Creative Competition is now open for all Victorian primary school aged children! Students from across Victoria are invited to get involved and create a video, illustrated story, poster, infographic or a radio ad centred around this year's theme - 'Reducing Harm on the Farm'. The competition provides a fun and interactive way for primary school children to learn about various injury hazards that exist in farm environments and strategies that can be put in place to help reduce the risk. Competition entries are free and can be completed individually, in teams or as a whole class. An excellent range of prizes are on offer for winning submissions in each age and entry category. The prize-winning entries will also help form the basis of a statewide child farm safety awareness campaign run across Kidsafe Victoria's social media channels and website.

As part of the campaign, Kidsafe Victoria have developed a Teachers Pack and Parents Pack. The packs include information about the competition and tips to assist children to create their entries, as well as farm safety learning activities including short webinars, stories and games that are suitable for both classroom or home learning.

Entries close on 27 November 2020. To find out more details about the competition, how to enter and links to download the packs, please visit <https://www.kidsafevic.com.au/home-safety/farm-safety-creative-competition/>

This project is proudly supported by the Victorian Government through the Smarter, Safer Farms Program.

the seam queen

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Natasha Larondo
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Bushfire At-Risk Register - Schools

School procedures for the bushfire season



Fire danger ratings and warnings are used in Victoria to provide clear direction on the safest options for preserving life.

Schools and children's services listed on the DET Bushfire At-Risk Register (BARR) will be closed when a Code Red fire danger rating day is determined in their Bureau of Meteorology district. **Our school has been identified as being one of those at high bushfire risk and is listed on the BARR.**

Where possible, we will provide parents with up to four days notice of a potential Code Red day closure by letter and Compass Notification. A Code Red day will be determined by the Emergency Management Commissioner no later than 1.00 pm the day before the potential closure. Once we are advised of the confirmation of the Code Red day we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Code Red day.
- School camps will be cancelled if a Code Red fire danger rating day is determined for the Bureau of Meteorology district in which the camp is located.

As a bus co-ordinating school all bus routes will be cancelled.

On these Code Red days families are encouraged to enact

their Bushfire Survival Plan – **on such days children should never be left at home or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Code Red days are forecast, the safest option is to leave the night before or early on the morning of the Code Red day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan, reprioritised any maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters, by checking Compass and by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.
- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.

You can access more information about children's services closures on the Department of Education and Training website – see <http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx>

Multiple sources that offer information on emergencies are listed below:

VicEmergency app – that can be downloaded on your android and iOS mobile devices

VicEmergency Hotline (1800 226 226)

Website <https://emergency.vic.gov.au>

Facebook (<https://www.facebook.com/vicemergency>)

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