





Postal Address: P O Box 30

Bright VIC 3741

Newsletter available online at: www.brightp12.vic.edu.au/pdfs/CurrentNewsletter.pdf

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Assistant Principal's P-6 Report

Welcome back to everyone. It has been a pleasure catching up with students and hearing their holiday news. I would like to extend a special welcome to our new students, staff and families who have joined the College community this year, each bringing new experiences and perspectives to our school community.

As the Assistant Principal P to 6 in 2019, my role will specifically be Student Management and Wellbeing. My focus for 2019 will be:

> Student Management Daily Operations and Organisation Student Wellbeing Empowering Students - Student Voice and Agency

Uniform

As we start a new year it is important to reiterate the importance of students wearing uniform. If for any reason a student is out of uniform they need to have a note from their School Photos parent, which students can hand to the Classroom Teacher. This includes the school hat, which is an essential uniform item for TermS 1 and 4. Hats that are not school uniform will be removed and students will be asked to sit in the Primary Fishbowl area. In regards to footwear, it is important that all students are in enclosed toe black shoes. If students have Sport during a day they can bring a change of shoes so they can wear runners or sneakers.

Swimming Sports

Swimming Sports will run again for Year 3 to 6 Primary Students on Friday 15th of Feb. These are wonderful events that are held annually and are well organised by Matt Pywell and Daniel Saville as our Sport Coordinators. A huge thank you to all the staff and parents that attending and supporting these wonderful school events.

parents who attend and assist at these events follow the Bright P-12 College Code of Conduct which can be found on our school website at www.brightp12.vic.edu.au under the policies and procedure tab "Child Safe Policies".

As it is the beginning of the new year, and lots of parents/carers attend these events it is important to be reminded of our Bright P12 College Filming and Photographing Students policy, which can also be found under the policies and procedures tab of our website. I have copied the section specifically relating to parents/ carers for you below. The swimming events are mentioned specifically in this policy.

Parent Guardian Use

· Parents and guardians can use photographs and videos taken at a school event for their personal use only.

Such photos and videos must not be sold and must not be published.

· Parents and carers must follow guidance from staff as to when photography and videoing is not permitted and where to stand in order to minimise disruption to the activity.

Only images of children suitably dressed will be allowed to reduce the risk of images being used inappropriately. This may include swimming events.

These will occur on the 5th of March and will again be taken by Arthur Reed. Your child will bring home the photo order form and note in the coming days. If you do not receive the information please make contact with your child's Classroom Teacher or Year Level Coor-

School Hours

The school hours of operation are 8.30am until 3.30pm. Please be mindful that outside of these hours the responsibility for supervising students remains with parents/carers.

In regards to Office Operation times, the Office will be open from 8.30am to 4.00pm to assist with payments, attendance and general enquiries and concerns. If you need to inform the Office of a school absence before or after these times please call and leave a message on 0357551166.

It is important to remember that all staff and SMILING MINDS - Back to School Medita-

I thought some students and parents/carers would find this information useful. Smiling Minds is a free APP available to smartphone or tablet users on iTunes. I am not sure about its availability on Android. They have teamed up with the ABC to create these great little medita-

"As we know, the new school year can be a stressful time with a lot going on. There are new back to school meditations.

These short 2-minute meditations are tailored for students, teachers and parents. You can find them in our app under the 'Mindfully Back to School Program' or you can visit the ABC website." SMILING MIND

Primary Students riding bikes to school

It is great to see so many Primary Students riding their bikes to school whilst the weather is fantastic. Just a reminder to ALL students to please make sure you are stopping at road crossings and giving way to traffic. Especially in the busy areas around Bakers Gully Road and the round-about and then again near the Shire Offices. Our Bike Education Program which commences in Years 3 and 4 cates the safest way to cross a road is to dismount from your bike.

Events in Primary

This week will see the start of many events which our students are lucky to participate in. Mr Saville arranged with AFL Victoria for the Western Bulldogs to run some activities and a Q and A session with our Year 1 to 6 students on Tuesday, 12th Feb. It was a great session and the students really enjoyed them-

Breakfast Club starts in the food tech room on the 21st of Feb from 8.30am. Our Badge Presentation Assembly is also on this day.

Resilience Project and Respectful Relationships curriculum will continue in 2019. Below is our yearly planner. The assembly presentations will also continue this year after being a highlight from last year. You can check out the schedule below and mark your child's presentation in your calendar.

	HEALTH & PERSONAL and SOCIAL CAPABILITY CURRICULUM MAP Foundation to Year 6				
	Term 1	Term 2	Torm 2	Term 4	
Foundation	Recillence 2 lessons by 30 FR – Personal Strengths and Politive Caping 9 lessons 20mins max	Emotional Literacy 3 liessons by 30 RR – Problem Solving and Stress Management 6 lessons 20mins max	Empathy Mindfulness 4 leasons by 30 80 – Help Seeking 4 lessons 20mins max	Graditude 2 lessens by Streins RR – Sender and Identity and Positive Gender Relations 10 lessons 20mins max	
Year Land 2	Redillence 3 leasons by 40 RR – Personal Strangths and Positive Caping	Emotional Literacy 4 lineous by 40 RR – Problem Solving and Stress Management	Empathy Mindfulness Blessons by 40 987 – Help Seeking	Gracinude d lessans by dibmins 69. – Gender and identity and Positive Gender Relations	
Year 3 and 4	Character Strengths 2 leasons by 50 RR – Personal Strengths and Pacifive Caping 5 leasons by 20mins	Emotional Ultersey 6 lessons by 30 ER – Preidem Solving and Streso Management 6 lessons by 20mins	Empetity Mindfulness 8 Hooses by 50 RR - Hole Seeking 6 Rooms by 20mins	Cratitude 7 lessons by Stimins RR – Gender and Identify and Positiv Gender Relations 10 lessons by 30 mins	
Year S and 6	Character Strengths 2 lessons by 50 FR - Personal Strengths and Positive Coping Strengths 20mins	Emotional Literacy 6 lessons by 50 Fit - Problem Solving and Stress Management 6 lessons by 20mins	Empathy Mindfulness 8 lessons by 50 89 - Help Seeking 6 lessons by 20mins	Girachude T lessans by SCenies RR – Gender and identity and Positive Gender Relations 13 lessans by 20 mins	

ASSEMBLY Presentation Timetable

Date	Class	TOPIC	
Term 1 Week 4	5/6 Gray	Character Strengths	
Term 1 Week 7	3/4 Green	Character Strengths	
Term 1 Week 10	1/2 Pederick	Resilience	
Term 2 Week 2	5/6 Rouse	Emotional Literacy	
Term 2 Week 5	3/4 Van	Emotional Literacy	
Term 2 Week 8	1/2 O'Connor	Emotional Literacy	
Term 2 Week 10	5/6 Saville	Emotional Uteracy	
Term 3 Week 2	3/4 Bury	Empathy and Mindfulness	
Term 3 Week 6	5/6 Rigby	Empathy and Mindfulness	
Term 3 Week 9	Prep Forbes	Empathy and Mindfulness	
Term 4 Week 2	% Ferrito	Gratitude	
Term 4 Week 5	1/4 Nightingale	Gratitude	
Term 4 Week 8	Prep Jones	Gratitude	

New Music Students for 2019

Please see the attached note in regards to learning a musical instrument at Bright P-12 College. If you have any questions please contact Mr Campbell

Primary Choirs for 2019

The 3-6 Choir has started and it will rehearse on Tuesday at the start of lunchtime. Any student in years 3-6 who is keen to sing can come along.

The Prep-2 Choir has also started and rehearses on Thursday at the start of lunchtime. This group again is open to any interested students in years Prep-2. Please encourage your younger primary student to get involved.

Instrument Donations

If anyone in the school community has an old instrument that they would like to donate to the school, such as an old guitar, keyboard or brass and woodwind instrument please let me Mr Campbell know, as I am sure they could be put to good use by our students.

NEVR Music Camp

At the start of April there is a regional music camp for music students from around the region. There are various ensembles and this camp is open to students on brass, woodwind, string, vocals, keyboard, drums and guitar students. If you would like any information please contact Mr Campbell.

Health Corner with Adolescent Health Nurse Rosemary Bunge

Welcome back to school everyone and hope Welcome to any students who are new to residents at Hawthorn Village each week. your holidays were great.

Some important things to remember in As adolescent health nurse (school nurse) like more information. term one are:

- To be sun smart
- To keep well hydrated

Bright P-12 College is a Sun Smart school this means hats must worn when outside during term 1 and 4. This is a very important part of SunSmart and reducing the risk of sun damage and future risk of skin cancers. Slip on a shirt, slop on sunscreen, slap on a hat, seek shade and slide on sunglasses is still the message from the cancer council and worth remembering both at school and away from school.

During summer it is extra important to stay well hydrated with our higher temperatures. Water is best and students are encouraged to carry water bottles at all times.

Your brain is 76% water, staying well hydrated at school can help fight off fatigue and headaches.

the school

my role is helping you stay healthy. So I do a lot of health promotion activities and Quote for the week: The capacity to learn is small groups and can also see students willingness to learn is a CHOICE. individually for short term counselling. For parents I can also offer information and support re student's health. My days at the school are Monday and Thursday and if you would like to chat with me you can leave a message at the office or catch me in person on those days. You will find my office three doors up from the staff room.

Breakfast will start again for the year and you will find it on in the food room every Thursday morning from 8.20am, remember it is free to all students P-12 and we would love to see you there, it's a great place to meet others, have a chat and get a real positive start to the day.

Hawthorn Village visiting Year 9 I am currently looking for expressions of interest from year 9 students who would like to take part in our community program visiting the

Please see me if you interested or would

primary health care. I work with classes and a GIFT; the ability to learn is a SKILL; the



VCAL NEWS

12 VINES GRAPE PRODUCTION 2019

Today the 2019 VCAL class had the opportunity to spend time in the College vineyard working on this year's grape crop.

At this stage of production, we had to cover the grapes with bird proof nets to protect the grapes as they finished the ripening process.

I had to help unroll the nets with two other people by walking the nets out besides the rows of vines. With the help of others we worked as a team to lift the nets up over the grapes making sure they were coving both sides evenly.

We then walked along to make sure any stray vines were completely covered. Lastly we had to attach the nets to the wooden up right posts using small nails at the base.



German Exchange Students



Servus, I'm Noah Braun. I'm one of exchange Students from Germany, in the year 2019. Here are some details about me: I'm 16 years old and I live in Bavaria, the best place in the world after Bright. attend the 9th class the commercial school in Bad Aibling, called "Wirtschaftschule Alpenland". I'm happy to stay here and I think it will be a great time, in Australia! I look forward to all the things, during the "short" time. My host brother is Mikka Paulsen. My host family is the Paulsen family, the best host family. But I think all exchange students have had the best host family. After two and a half weeks, I feel like a real Aussie! (I can eat Vegemite)

Bye, from Down Under

Noah Braun

Servus

I am Emily Stockloew and I am 14 years old. I live in Rosenheim in Germany. I'm in Year 9, my school is called the Wirtschaftsschule Alpenland in Bad Aibling. In my free time I like to hang out with my friends and go horse riding.

I am here for 3 months and I'm staying with the Caling family and my exchange partner is Charlotte.

My host family is awesome and I am very comfortable around them.

Exchange Student from Italy

whom I feel very comfortable, family.

Hello, I'm Sara, I'm an ex- 3 dogs and in Italy I only have a change student from Italy and cat. Also the school times are am staying with the Gray family very different because in Italy I for 6 months. In Italy I live in go to school every day from 8 Torino, a big city in the north o'clock to 14:00 and I am back near the mountains. I have a home for lunch. I also go to sister and one cat. My life here school on Saturday morning. is very different than my Italian For now I'm fine and I'm very life: here I have 3 brothers with lucky because I have a beautiful



Hi! My name is Maike and I am living with Marina Manning and her family in Porepunkah. I am in Australia for 3 months as part of the German exchange program between my school and Bright. I am enjoying my time with my host family and being in Australia. My hobbies are kickboxing, reading and drawing. In Germany I have one older brother. I live in a town called Kolbermoor which is quite close to Bad Aibling and my school. At my school in Germany we don't have a school uniform, so this is new for me. I like it because it is easier in the morning. I don't have to decide what to wear to school ©

COLLEGE CALENDAR

FEBRUARY

FRI 15 FEB Yr 3-6 Swimming Carnival

WED 20 FEB PREPS DAY OFF

O&M Senior Cricket 11 & 12.

THU 21 FEB Breakfast Club starts today (every Thursday before

school in the Food Tech room for all students).

Badge Presentation Assembly 11.05am-11.55am.

FRI 22 FE B Year 12 Geography Field Trip

WED 27 FEB **PREPS DAY OFF**

Year 11 Outdoor Ed Mt. Buffalo Climbing Day.

THU 28 FEB Primary O&M Swimming

Year 11 Conference at Wandiligong.

MARCH

MON 04 MAR Year 7 Immunisations TUES 05 MAR SCHOOL PHOTO DAY WED 06 MAR **Primary Hume Swimming** THU 07 MAR **O&M Secondary Swimming** Hume Senior Cricket 11 & 12.

Western Bulldogs Visit

Bright P-12 College Newsletter

Community & College Notices







2019 North East Youth Politics Camp 8 - 10 April 2019

Mountain View Retreat Harrietville fun | motivating | inspiring

This camp is for young people who want to stop saying 'they should ...' and begin to say 'I will...'

- · understand why our political system is important and how it
- · understand how you can participate and influence change
- · meet politicians, young leaders and influencers
- · meet other young people who are interested in creating change
- · oppportunity to join Youth Parliament Team

Cost \$50 includes all meals, accommodation, sessions & activities Only 6 places available to young people from Alpine Shire, register online at Event Brite or email ydo@alpineshire.vic.gov.au for more



blath Fact Youth Pullies Camp is a nun-partisan peoplem and is not alliboard with any political party or specific identifiable

CSEF – Financial support available

If you are the holder of a Centrelink pensioner concession card, Health ov.au/csef care card, are a Foster www.ssr.net.au parent or Veterans affairs pensioner, you may be eligible to receive the Camps, Sports and Excursions Fund (CSEF) payment from the Victorian Government.

Receiving this payment will also entitle your Prep or Year 7 child various uniform items supplied by the College Uniform shop (subsidised by State

Schools Relief).

Further information/ application forms are available at the College Office, or can be found at:www.education.vic.g

If you have any queries, please don't hesitate to contact:

Sgambelloni— Jenni Finance Assistant on 5755 1166 or email sgambelloni.jennifer.a@edumail. vic.gov.au

Community & College Notices

FREE CHILD SAFE STANDARDS INFORMATION SESSIONS

WHAT

Information on the standards, club's legal obligations and developing your club's action plan, policies, strategies and resources

WHO

Representatives from local sporting clubs and organisations

WHEN AND WHERE

Tuesday 5 March 2019 7 - 8.30pm Myrtleford Senior Citizens Centre

For more information contact Penny Townsend at Sport North East penny.townsend@thecentre.vic.edu.au







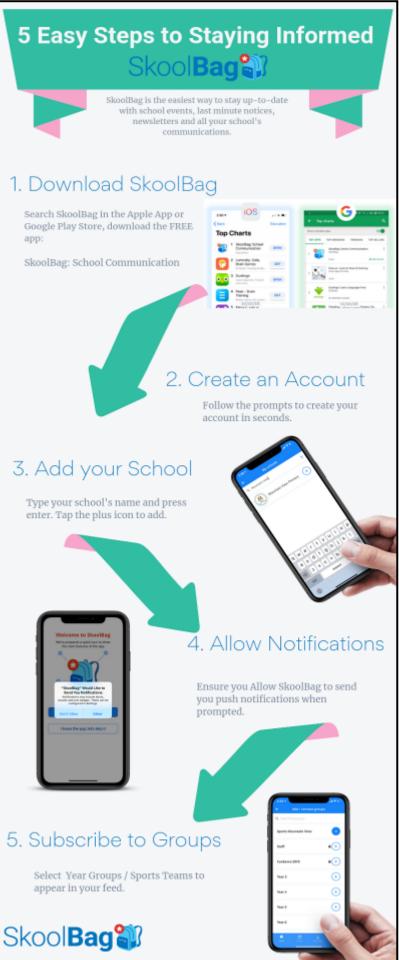




Freestyle Alpine Dance offers classes in all dance styles suitable for all ages and abilities in a fun and welcoming environment. Come along and try a class for FREE!

Bright classes are held at our studio at 5 Elm Court, Bright.

Phone Kerrie on 0488273958



COMMUNITY & COLLEGE NOTICES

CONFIDENTIALITY

The School Nurse works in the school as a member of the student wellbeing team but is not employed directly by the school.

The nurse is required to keep information private and confidential unless the student agrees otherwise. However, there are some instances (if, for example, the nurse thinks the student is at risk of being harmed or harming someone else) where the School Nurse may have to let other people know about the situation.

Students can also get more information about confidentiality from the pamphlet Your Information – It's Private, available from the School Nurse.

The Secondary School Nurse at your school is:

Rosemary Bunge

Students can speak to the nurse about the best way to make a time to drop in to the office.

The Secondary School Nurse is available:

Monday and Thursday





YOUR HEALTH MATTERS

SECONDARY SCHOOL NURSE

Breakfast is every
Thursday in the cooking
room from 8.30 am. Just
bring a smile ©

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WHAT THE SECONDARY SCHOOL NURSE DOES

The Secondary School Nurse works as a member of the student wellbeing team to improve the health and wellbeing of students and the school community.

Students are better prepared for learning when they are healthy, safe and happy. The nurse facilitates health promotion and health education activities in the school.

The School Nurse has the ability to assist the school community to:

- encourage healthier school communities
- enhance the health of students
- support students to make informed decisions about their health and wellbeing
- develop greater connections for students at school, home and in the wider community
- work with teachers to deliver health education sessions
- support transition for students from primary to secondary school year levels and for students changing schools
- facilitate student wellbeing programs to improve students health and wellbeing

Staff and students are welcome to make suggestions about health issues that are considered important to cover in health promotion or health education sessions.

Often it is helpful for students to talk to parents or other family members about problems. If students would like support to do this the school nurse can help.

INDIVIDUAL CONSULTATIONS

The nurse can also help individual students with information, guidance and support through individual consultations.

This can be about a range of issues such as:

- adolescent health concerns
- relationships
- sexual health
- smoking, alcohol and drug use
- managing stress and anxiety
- healthy weight
- body image

GETTING THE RIGHT HELP

It is important to get the right information, from the right person at the right time. Being informed helps students make better choices.

As well as providing information and support, the School Nurse can also help students to source and get in touch with other youth friendly health services in your local area.

WHAT THE SCHOOL NURSE DOESN'T DO

As a general rule the School Nurse does not:

- provide first aid (the school looks after that)
- undertake long term counselling about psychological, relationship or educational problems
- administer medication.



Community & College Notices

NEVR MUSIC CAMP

BEECHWORTH- THE OLD PRIORY



TUESDAY 2ND - THURSDAY 4TH April 2019

You get to rehearse and perform for three days of intensive music playing in the picturesque town of Beechworth. We offer junior and senior concert band, string, jazz or pop band. There's also an opportunity to try out another instrument - maybe play marimba, ukulele or percussion and sing in our fabulous concert finale. You can even show off any special talents (the usual or the very unusual!) in our extremely popular talent night show - Dookie's Got Talent.

Places are limited so don't miss out!

REGISTRATION

All registrations are online. Go to trybooking.com and search NEVR Beechworth Music Camp. Once registered and paid, you will be sent an email with permission forms to be signed and returned. Any queries about registration please contact Tricia on 0409855434 or Belinda jeffery.belinda.v@edumail.vic.gov.au

COST - WITHOUT BUS TRAVEL

- Early bird \$315- "early bird price ends 22nd Feb 2019
- Full price \$335-
- Non-government school \$400-

COST - WITH BUS TRAVEL

- Early bird \$325- 'early bird price ends 22nd Feb 2019
- Full price \$345-
- Non-government school \$400-

*family discounts available - call Tricia for details

FIND US ON FACEBOOK









BRIGHT P-12 COLLEGE 'INSTRUMENTAL MUSIC PROGRAM 2019'



Dear Parent/Guardian,

We are lucky at Bright P-12 College to offer an extensive instrumental program for students to take part in. We offer tuition on a number of instruments including piano, guitar, drums, voice, bass guitar, ukulele, trumpet, trombone, alto saxophone, tenor saxophone, clarinet and the flute.

Learning a musical instrument has been show to provide many benefits to a child academically, personally and socially in their development. Students who learn an instrument will be encouraged to perform at regular concerts in school and out in the community. The recommended age to start to learn an instrument would be from year 3 and above.

We have a number of very talented Instrumental teachers here at Bright P-12 College who can teach a wide variety of instruments. I will list at the bottom of the note the teachers name, what they are able to teach and a little about their musical background. We ask that you make contact with your preferred teacher directly with the contact details provided.

The teacher will discuss the costs and the materials required for the lessons. The lesson time will be organised after consultation with the student's class teacher, music coordinator and deputy principal as necessary.

Photo



Teachers name Jill Chalwell

Taught Piano

Instruments About the Teacher

I teach piano for students in year level 1 and upwards, for beginners through to AMEB Grade 8. I can prepare students for AMEB exams and/or for thier personal satisfaction and enjoyment. I am also able to prepare students for whatever performance opportunities may arise. I have a Bachelor of Education (Melb) and am currently registered with VIT. I have been teaching piano for 30 years. I accompany the Bright singers and have performed in many concerts over the years.

Teachers Contact Details

Jill Chalwell 0419008454



Emili Rackemann Piano, Flute

Emili Rackemann is a piano and flute teacher here at Bright P12. She studied a Bachelor of Music at the Queensland Conservatorium of Music and has released seven albums of original classical contemporary compositions. Emili teaches both classical and contemporary piano and flute from beginner level to AMEB grade 8 in both practical and theory. Music composition classes are also available from Grade 3 AMEB.

Emili Rackemann 0402509873



Rachel Campbell Piano, Keyboard, Clarinet, Saxophones I have been teaching music for 25 years as an instrumental teacher and classroom music teacher. I teach piano from grade 1 and clarinet and saxophone from grade 3. Stude ents can choose to take AMEB exams or simply play for pleasure. I hold Bachelor of Music (Performance -Clarinet/Bass Clarinet) and

Rachel Campbell 0412 635843



professional experience as a musician having served in the Royal Australian Navy Band for 5 years. Howard Guitar, Bass

Guitar,

Ukulele

" Hi I'm Howard Kovesy and I've been teaching guitar, bass and ukulele at the school for the past 27 years.I'm keen to teach you the correct techniques required to master your instrument whilst developing a solid understanding of all musical elements.I have a library of songs and musical styles and am happy to explore your personal musical passion.

a Graduate Diplo Education, I have

> Howard Kovesy 0432547477



Jason Campbell

Kovesy

Trumpet, Trombone, Saxophones, Clarinet, Flute, Ukulele

I have lots of experience teaching brass and woodwind over a number of years with primary and secondary aged children. I am an ex professional musician with the RAN having served for 11 years. I am also the Music Coordinator at Bright P-12 College

Contact Jason at Bright P-12 College Directly



Alex

Guitar, Bass, Vocals, Ukulele,

Drums

Drums

Joe is a working musician with a passion for helping children experience the joy of music

Joe Davis 0425781893

Donnelly

Joe Davis

I am very excited to be a new drum teacher at Bright P-

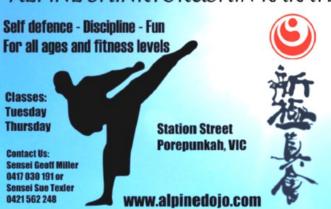
12 College. I have 16 years of playing and 8 years of teaching experience. I'm confident in teaching all levels and styles.

Alex Donnelly 0488458049

Please contact me if you have any questions about the Instrumental Program here at Bright P-12 College.

Thank You, Jason Campbell

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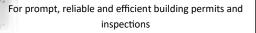
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Call Phil, Glenn and the team: 035755 1589

8.30 am - 5.30 pm Mon-Fri

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Freeburgh Community Hall **Adults & Kids classes** Shotokan

MONDAYS, WEDNESDAY & SATURDAYS

New students welcome, catering to all fitness levels

Contact Sensei Katrina Ciolli on 0417 526549 for more

information. Find us on facebook at ASSKAlpine

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m: 0487 671 990

e: michael@alpinelocks.com.au

COMMUNITY & COLLEGE NOTICES

This Event

May Save Your Life



Ovarian Cancer

Guest Speakers:

Sue Howard Dr Shannon Elliott, GP

Thursday 28th February 2019
Alpine Gate Cafe. Great Alpine Rd. Myrtleford
7.00 am - 8.30 am

Bookings essential to cafe.57521375

Meals available at own cost up to \$10 from selected menu.

A voluntary donation would be appreciated.